
































Lanoka Harbor, NJ - Nov 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:06	0.3	2:22	0.4	8:17	0.1	9:03	0.1	6:26	4:54	
2	Thu	2:58	0.3	3:12	0.4	8:59	0.1	9:54	0.1	6:27	4:53	
3	Fri	3:51	0.3	4:03	0.4	9:52	0.1	10:53	0.1	6:28	4:52	
4	Sat	4:42	0.3	4:53	0.4	11:01	0.1	11:53	0.1	6:29	4:50	
5	Sun	5:33	0.3	5:44	0.4			12:09	0.1	6:30	4:49	
6	Mon	6:25	0.3	6:39	0.4	12:48	0.1	1:08	0.1	6:31	4:48	
7	Tue	7:18	0.4	7:33	0.4	1:36	0.1	2:00	0.1	6:32	4:47	
8	Wed	8:07	0.4	8:24	0.4	2:20	0.0	2:48	0.1	6:34	4:46	
9	Thu	8:50	0.4	9:10	0.4	3:02	0.0	3:34	0.0	6:35	4:45	
10	Fri	9:31	0.4	9:53	0.4	3:44	0.0	4:21	0.0	6:36	4:44	
11	Sat	10:11	0.5	10:36	0.4	4:27	0.0	5:09	0.0	6:37	4:43	
12	Sun	10:52	0.5	11:21	0.4	5:11	0.0	5:57	0.0	6:38	4:43	
13	Mon	11:36	0.5			5:57	0.0	6:45	0.0	6:39	4:42	
14	Tue	12:10	0.4	12:24	0.5	6:44	0.0	7:33	0.0	6:40	4:41	
15	Wed	1:04	0.4	1:19	0.5	7:32	0.0	8:24	0.0	6:42	4:40	
16	Thu	2:05	0.4	2:20	0.4	8:23	0.0	9:21	0.0	6:43	4:39	
17	Fri	3:08	0.4	3:24	0.4	9:23	0.0	10:25	0.0	6:44	4:39	
18	Sat	4:11	0.4	4:26	0.4	10:34	0.0	11:31	0.0	6:45	4:38	
19	Sun	5:11	0.4	5:26	0.4	11:48	0.0			6:46	4:37	
20	Mon	6:10	0.4	6:27	0.4	12:34	0.0	12:55	0.0	6:47	4:37	
21	Tue	7:10	0.4	7:28	0.4	1:30	0.0	1:54	0.0	6:48	4:36	
22	Wed	8:06	0.4	8:24	0.4	2:20	0.0	2:48	0.0	6:49	4:35	
23	Thu	8:56	0.4	9:14	0.4	3:06	0.0	3:37	0.0	6:51	4:35	
24	Fri	9:41	0.5	9:59	0.4	3:50	0.0	4:24	0.0	6:52	4:34	
25	Sat	10:22	0.5	10:42	0.4	4:33	0.0	5:09	0.0	6:53	4:34	
26	Sun	11:02	0.5	11:23	0.4	5:14	0.0	5:53	0.0	6:54	4:33	
27	Mon	11:41	0.4			5:55	0.0	6:34	0.0	6:55	4:33	
28	Tue	12:05	0.4	12:20	0.4	6:34	0.0	7:14	0.0	6:56	4:33	
29	Wed	12:48	0.3	1:01	0.4	7:11	0.0	7:52	0.0	6:57	4:32	
30	Thu	1:34	0.3	1:44	0.4	7:48	0.1	8:31	0.0	6:58	4:32	