US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:17	0.3	3:21	0.3	9:23	0.1	10:02	0.0	7:18	4:42	
2	Tue	4:02	0.3	4:09	0.3	10:24	0.1	10:55	0.0	7:18	4:43	
3	Wed	4:47	0.3	5:01	0.3	11:38	0.1	11:53	0.0	7:18	4:44	
4	Thu	5:37	0.3	5:58	0.3			12:46	0.1	7:18	4:45	
5	Fri	6:33	0.4	7:03	0.3	12:51	0.0	1:47	0.0	7:18	4:46	
6	Sat	7:34	0.4	8:08	0.3	1:46	0.0	2:43	0.0	7:18	4:47	
7	Sun	8:33	0.4	9:06	0.3	2:40	0.0	3:37	0.0	7:18	4:48	
8	Mon	9:27	0.4	10:00	0.4	3:33	0.0	4:31	-0.1	7:17	4:49	
9	Tue	10:18	0.5	10:52	0.4	4:28	-0.1	5:24	-0.1	7:17	4:50	
10	Wed	11:09	0.5	11:45	0.4	5:23	-0.1	6:16	-0.1	7:17	4:51	
11	Thu			12:02	0.5	6:17	-0.1	7:05	-0.1	7:17	4:52	
12	Fri	12:39	0.4	12:56	0.5	7:09	-0.1	7:54	-0.1	7:17	4:53	
13	Sat	1:36	0.4	1:52	0.4	8:01	-0.1	8:43	-0.1	7:16	4:54	
14	Sun	2:34	0.4	2:48	0.4	8:55	0.0	9:35	-0.1	7:16	4:55	
15	Mon	3:30	0.4	3:44	0.4	9:55	0.0	10:30	0.0	7:16	4:56	
16	Tue	4:25	0.4	4:38	0.3	11:00	0.0	11:29	0.0	7:15	4:57	
17	Wed	5:18	0.4	5:32	0.3			12:06	0.0	7:15	4:58	
18	Thu	6:12	0.4	6:30	0.3	12:26	0.0	1:08	0.0	7:14	4:59	
19	Fri	7:08	0.4	7:30	0.3	1:20	0.0	2:03	0.0	7:14	5:00	
20	Sat	8:03	0.4	8:27	0.3	2:10	0.0	2:53	0.0	7:13	5:01	
21	Sun	8:53	0.4	9:16	0.3	2:56	0.0	3:40	0.0	7:12	5:03	
22	Mon	9:37	0.4	10:00	0.3	3:41	0.0	4:24	0.0	7:12	5:04	
23	Tue	10:18	0.4	10:41	0.3	4:24	0.0	5:07	0.0	7:11	5:05	
24	Wed	10:56	0.4	11:20	0.3	5:07	0.0	5:48	0.0	7:11	5:06	
25	Thu	11:34	0.4	11:59	0.3	5:49	0.0	6:26	0.0	7:10	5:07	
26	Fri			12:10	0.4	6:28	0.0	7:01	0.0	7:09	5:08	
27	Sat	12:36	0.3	12:45	0.4	7:05	0.0	7:35	0.0	7:08	5:10	
28	Sun	1:13	0.3	1:20	0.3	7:39	0.0	8:07	0.0	7:07	5:11	
29	Mon	1:50	0.3	1:58	0.3	8:14	0.0	8:39	0.0	7:07	5:12	
30	Tue	2:29	0.3	2:41	0.3	8:52	0.0	9:14	0.0	7:06	5:13	
31	Wed	3:13	0.3	3:30	0.3	9:42	0.0	9:59	0.0	7:05	5:14	