US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:33	0.4	3:04	0.3	9:18	0.0	9:22	0.0	6:29	5:48	
2	Fri	3:25	0.4	4:02	0.3	10:22	0.0	10:21	0.0	6:27	5:49	
3	Sat	4:24	0.4	5:04	0.3	11:42	0.0	11:39	0.0	6:26	5:50	
4	Sun	5:27	0.4	6:12	0.3			12:56	0.0	6:24	5:51	
5	Mon	6:39	0.4	7:25	0.3	12:55	0.0	2:00	0.0	6:23	5:52	
6	Tue	7:51	0.4	8:31	0.4	2:02	0.0	2:58	0.0	6:21	5:54	
7	Wed	8:54	0.4	9:28	0.4	3:03	0.0	3:51	-0.1	6:20	5:55	
8	Thu	9:49	0.4	10:20	0.4	4:00	-0.1	4:43	-0.1	6:18	5:56	
9	Fri	10:40	0.5	11:10	0.4	4:55	-0.1	5:33	-0.1	6:16	5:57	
10	Sat	11:29	0.5	11:58	0.4	5:48	-0.1	6:20	-0.1	6:15	5:58	
11	Sun			12:17	0.4	6:38	-0.1	7:04	-0.1	6:13	5:59	
12	Mon	12:47	0.4	1:06	0.4	7:25	-0.1	7:47	-0.1	6:12	6:00	
13	Tue	1:36	0.4	1:57	0.4	8:12	0.0	8:29	0.0	6:10	6:01	
14	Wed	2:26	0.4	2:49	0.4	9:00	0.0	9:14	0.0	6:09	6:02	
15	Thu	3:17	0.4	3:42	0.3	9:53	0.0	10:04	0.0	6:07	6:03	
16	Fri	4:08	0.4	4:34	0.3	10:53	0.0	11:04	0.1	6:05	6:04	
17	Sat	4:59	0.3	5:28	0.3	11:58	0.1			6:04	6:05	
18	Sun	5:53	0.3	6:26	0.3	12:08	0.1	12:59	0.1	6:02	6:06	
19	Mon	6:52	0.3	7:27	0.3	1:09	0.1	1:52	0.0	6:00	6:07	
20	Tue	7:51	0.3	8:23	0.3	2:03	0.1	2:40	0.0	5:59	6:08	
21	Wed	8:43	0.4	9:10	0.3	2:52	0.0	3:23	0.0	5:57	6:09	
22	Thu	9:27	0.4	9:50	0.4	3:37	0.0	4:05	0.0	5:56	6:10	
23	Fri	10:07	0.4	10:27	0.4	4:21	0.0	4:44	0.0	5:54	6:11	
24	Sat	10:43	0.4	11:01	0.4	5:03	0.0	5:23	0.0	5:52	6:12	
25	Sun	11:18	0.4	11:33	0.4	5:44	0.0	5:59	0.0	5:51	6:13	
26	Mon	11:53	0.4			6:23	0.0	6:34	0.0	5:49	6:14	
27	Tue	12:05	0.4	12:29	0.4	7:01	0.0	7:07	0.0	5:48	6:15	
28	Wed	12:39	0.4	1:09	0.4	7:39	0.0	7:41	0.0	5:46	6:16	
29	Thu	1:19	0.4	1:56	0.3	8:19	0.0	8:17	0.0	5:44	6:17	
30	Fri	2:07	0.4	2:51	0.3	9:07	0.0	9:02	0.0	5:43	6:18	
31	Sat	3:04	0.4	3:52	0.3	10:09	0.0	10:04	0.0	5:41	6:19	