

































Lanoka Harbor, NJ - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:36	0.4	10:02	0.4	3:40	0.0	4:30	-0.1	7:18	4:42	
2	Thu	10:25	0.5	10:52	0.4	4:33	0.0	5:22	-0.1	7:18	4:43	
3	Fri	11:13	0.4	11:42	0.4	5:25	0.0	6:11	-0.1	7:18	4:43	
4	Sat			12:00	0.4	6:14	0.0	6:56	-0.1	7:18	4:44	
5	Sun	12:31	0.3	12:47	0.4	7:00	0.0	7:39	0.0	7:18	4:45	
6	Mon	1:21	0.3	1:35	0.4	7:44	0.0	8:20	0.0	7:18	4:46	
7	Tue	2:11	0.3	2:23	0.4	8:27	0.0	9:01	0.0	7:18	4:47	
8	Wed	3:00	0.3	3:11	0.3	9:13	0.0	9:43	0.0	7:18	4:48	
9	Thu	3:48	0.3	3:58	0.3	10:07	0.1	10:30	0.0	7:17	4:49	
10	Fri	4:33	0.3	4:45	0.3	11:09	0.1	11:21	0.0	7:17	4:50	
11	Sat	5:18	0.3	5:33	0.3			12:11	0.1	7:17	4:51	
12	Sun	6:05	0.3	6:27	0.3	12:13	0.0	1:10	0.1	7:17	4:52	
13	Mon	6:57	0.3	7:25	0.3	1:04	0.0	2:02	0.0	7:16	4:53	
14	Tue	7:50	0.3	8:21	0.3	1:53	0.0	2:51	0.0	7:16	4:54	
15	Wed	8:39	0.4	9:11	0.3	2:40	0.0	3:38	0.0	7:16	4:55	
16	Thu	9:23	0.4	9:56	0.3	3:26	0.0	4:24	0.0	7:15	4:56	
17	Fri	10:04	0.4	10:38	0.3	4:13	0.0	5:10	0.0	7:15	4:58	
18	Sat	10:45	0.4	11:20	0.3	4:59	0.0	5:55	0.0	7:14	4:59	
19	Sun	11:26	0.4			5:46	0.0	6:37	-0.1	7:14	5:00	
20	Mon	12:03	0.3	12:10	0.4	6:32	0.0	7:18	-0.1	7:13	5:01	
21	Tue	12:49	0.3	12:57	0.4	7:17	0.0	7:59	-0.1	7:13	5:02	
22	Wed	1:39	0.4	1:48	0.4	8:04	0.0	8:41	-0.1	7:12	5:03	
23	Thu	2:33	0.4	2:43	0.4	8:56	0.0	9:29	0.0	7:12	5:04	
24	Fri	3:28	0.4	3:40	0.4	9:57	0.0	10:25	0.0	7:11	5:06	
25	Sat	4:24	0.4	4:38	0.3	11:08	0.0	11:27	0.0	7:10	5:07	
26	Sun	5:20	0.4	5:39	0.3			12:20	0.0	7:09	5:08	
27	Mon	6:21	0.4	6:46	0.3	12:32	0.0	1:27	0.0	7:09	5:09	
28	Tue	7:26	0.4	7:55	0.3	1:34	0.0	2:27	0.0	7:08	5:10	
29	Wed	8:28	0.4	8:57	0.3	2:32	0.0	3:23	0.0	7:07	5:11	
30	Thu	9:23	0.4	9:50	0.3	3:27	0.0	4:15	0.0	7:06	5:13	
31	Fri	10:12	0.4	10:39	0.3	4:19	0.0	5:04	-0.1	7:05	5:14	