US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:56	0.4	10:21	0.4	4:05	0.0	4:41	0.0	6:29	5:48	
2	Sun	10:38	0.4	11:01	0.4	4:52	0.0	5:23	0.0	6:28	5:49	
3	Mon	11:18	0.4	11:40	0.4	5:37	0.0	6:02	0.0	6:26	5:50	
4	Tue	11:56	0.4			6:18	0.0	6:37	0.0	6:25	5:51	
5	Wed	12:17	0.4	12:34	0.4	6:56	0.0	7:10	0.0	6:23	5:52	
6	Thu	12:54	0.4	1:12	0.3	7:32	0.0	7:41	0.0	6:22	5:53	
7	Fri	1:30	0.4	1:52	0.3	8:07	0.0	8:11	0.0	6:20	5:54	
8	Sat	2:07	0.3	2:34	0.3	8:44	0.0	8:42	0.0	6:19	5:55	
9	Sun	2:46	0.3	3:19	0.3	9:26	0.1	9:17	0.0	6:17	5:56	
10	Mon	3:28	0.3	4:08	0.3	10:21	0.1	10:05	0.1	6:16	5:57	
11	Tue	4:14	0.3	5:00	0.3	11:33	0.1	11:16	0.1	6:14	5:58	
12	Wed	5:08	0.3	6:00	0.3			12:43	0.1	6:12	5:59	
13	Thu	6:11	0.3	7:06	0.3	12:32	0.1	1:44	0.0	6:11	6:00	
14	Fri	7:20	0.4	8:08	0.3	1:37	0.1	2:36	0.0	6:09	6:01	
15	Sat	8:23	0.4	9:01	0.3	2:34	0.0	3:24	0.0	6:08	6:03	
16	Sun	9:15	0.4	9:48	0.4	3:27	0.0	4:11	0.0	6:06	6:04	
17	Mon	10:03	0.4	10:33	0.4	4:19	0.0	4:57	-0.1	6:04	6:05	
18	Tue	10:49	0.4	11:18	0.4	5:11	-0.1	5:42	-0.1	6:03	6:06	
19	Wed	11:36	0.4			6:02	-0.1	6:27	-0.1	6:01	6:07	
20	Thu	12:05	0.5	12:24	0.4	6:51	-0.1	7:10	-0.1	6:00	6:08	
21	Fri	12:54	0.5	1:16	0.4	7:40	-0.1	7:54	-0.1	5:58	6:09	
22	Sat	1:47	0.4	2:12	0.4	8:31	0.0	8:42	0.0	5:56	6:10	
23	Sun	2:43	0.4	3:12	0.4	9:27	0.0	9:37	0.0	5:55	6:11	
24	Mon	3:42	0.4	4:13	0.3	10:33	0.0	10:44	0.0	5:53	6:12	
25	Tue	4:42	0.4	5:15	0.3	11:44	0.0	11:57	0.0	5:52	6:13	
26	Wed	5:43	0.4	6:20	0.3			12:53	0.0	5:50	6:14	
27	Thu	6:48	0.4	7:27	0.3	1:07	0.0	1:52	0.0	5:48	6:15	
28	Fri	7:52	0.4	8:26	0.3	2:07	0.0	2:44	0.0	5:47	6:16	
29	Sat	8:47	0.4	9:15	0.4	2:59	0.0	3:29	0.0	5:45	6:17	
30	Sun	9:33	0.4	9:57	0.4	3:46	0.0	4:10	0.0	5:43	6:18	
31	Mon	10:14	0.4	10:34	0.4	4:31	0.0	4:50	0.0	5:42	6:19	