



Lanoka Harbor, NJ - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:27	0.4	1:11	0.3	7:44	0.0	7:31	0.1	5:31	8:29	☀
2	Wed	1:05	0.4	1:55	0.3	8:23	0.0	8:12	0.1	5:32	8:28	☀
3	Thu	1:47	0.4	2:41	0.4	9:01	0.0	8:55	0.1	5:32	8:28	☀
4	Fri	2:35	0.4	3:32	0.4	9:41	0.0	9:42	0.1	5:33	8:28	☀
5	Sat	3:28	0.4	4:23	0.4	10:25	0.0	10:39	0.1	5:33	8:28	☀
6	Sun	4:24	0.4	5:15	0.4	11:16	0.0	11:47	0.1	5:34	8:28	☀
7	Mon	5:20	0.4	6:08	0.4			12:14	0.0	5:35	8:27	☀
8	Tue	6:17	0.4	7:04	0.4	12:59	0.1	1:14	0.0	5:35	8:27	☀
9	Wed	7:20	0.4	8:05	0.5	2:06	0.0	2:14	0.0	5:36	8:27	☀
10	Thu	8:28	0.4	9:07	0.5	3:08	0.0	3:11	0.0	5:37	8:26	☀
11	Fri	9:34	0.4	10:05	0.5	4:06	0.0	4:07	0.0	5:37	8:26	☀
12	Sat	10:33	0.4	10:58	0.5	5:01	0.0	5:03	0.0	5:38	8:25	☀
13	Sun	11:27	0.4	11:49	0.5	5:56	0.0	5:58	0.0	5:39	8:25	☀
14	Mon			12:20	0.4	6:48	0.0	6:52	0.0	5:39	8:25	☀
15	Tue	12:38	0.5	1:12	0.4	7:37	0.0	7:42	0.0	5:40	8:24	☀
16	Wed	1:28	0.5	2:03	0.4	8:22	0.0	8:30	0.0	5:41	8:23	☀
17	Thu	2:17	0.4	2:55	0.4	9:04	0.0	9:15	0.1	5:42	8:23	☀
18	Fri	3:07	0.4	3:45	0.4	9:46	0.0	10:03	0.1	5:42	8:22	☀
19	Sat	3:56	0.4	4:33	0.4	10:28	0.0	10:55	0.1	5:43	8:22	☀
20	Sun	4:44	0.4	5:18	0.4	11:13	0.1	11:53	0.1	5:44	8:21	☀
21	Mon	5:30	0.3	6:02	0.4			12:01	0.1	5:45	8:20	☀
22	Tue	6:17	0.3	6:47	0.4	12:54	0.1	12:51	0.1	5:46	8:19	☀
23	Wed	7:08	0.3	7:36	0.4	1:52	0.1	1:42	0.1	5:47	8:19	☀
24	Thu	8:04	0.3	8:29	0.4	2:45	0.1	2:32	0.1	5:47	8:18	☀
25	Fri	9:03	0.3	9:20	0.4	3:35	0.1	3:20	0.1	5:48	8:17	☀
26	Sat	9:55	0.3	10:06	0.4	4:22	0.1	4:07	0.1	5:49	8:16	☀
27	Sun	10:42	0.3	10:48	0.4	5:08	0.0	4:54	0.1	5:50	8:15	☀
28	Mon	11:24	0.4	11:28	0.4	5:53	0.0	5:41	0.0	5:51	8:14	☀
29	Tue			12:05	0.4	6:37	0.0	6:28	0.0	5:52	8:13	☀
30	Wed	12:08	0.5	12:47	0.4	7:19	0.0	7:13	0.0	5:53	8:12	☀
31	Thu	12:48	0.5	1:30	0.4	7:59	0.0	7:58	0.0	5:54	8:11	☀