
































## Lanoka Harbor, NJ - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:35	0.4	4:57	0.4	11:07	0.1			6:25	4:55	
2	Sun	5:36	0.4	5:56	0.4	12:00	0.0	12:19	0.1	6:26	4:54	
3	Mon	6:36	0.4	6:55	0.4	1:00	0.0	1:22	0.1	6:27	4:52	
4	Tue	7:34	0.4	7:51	0.4	1:51	0.0	2:15	0.1	6:28	4:51	
5	Wed	8:24	0.4	8:41	0.4	2:35	0.0	3:02	0.0	6:29	4:50	
6	Thu	9:08	0.4	9:24	0.4	3:15	0.0	3:46	0.0	6:30	4:49	
7	Fri	9:46	0.4	10:04	0.4	3:53	0.0	4:29	0.0	6:32	4:48	
8	Sat	10:21	0.4	10:42	0.4	4:30	0.0	5:10	0.0	6:33	4:47	
9	Sun	10:55	0.4	11:20	0.4	5:07	0.0	5:51	0.0	6:34	4:46	
10	Mon	11:28	0.4	11:58	0.4	5:44	0.0	6:30	0.0	6:35	4:45	
11	Tue			12:00	0.4	6:20	0.0	7:08	0.0	6:36	4:44	
12	Wed	12:37	0.3	12:33	0.4	6:54	0.1	7:44	0.0	6:37	4:43	
13	Thu	1:19	0.3	1:08	0.4	7:28	0.1	8:22	0.1	6:38	4:42	
14	Fri	2:06	0.3	1:50	0.4	8:03	0.1	9:05	0.1	6:40	4:41	
15	Sat	2:59	0.3	2:44	0.4	8:44	0.1	9:58	0.1	6:41	4:41	
16	Sun	3:52	0.3	3:42	0.4	9:40	0.1	11:02	0.1	6:42	4:40	
17	Mon	4:44	0.3	4:40	0.4	10:58	0.1			6:43	4:39	
18	Tue	5:37	0.3	5:40	0.4	12:03	0.1	12:14	0.1	6:44	4:38	
19	Wed	6:34	0.4	6:42	0.4	12:58	0.0	1:19	0.1	6:45	4:38	
20	Thu	7:31	0.4	7:45	0.4	1:48	0.0	2:17	0.0	6:46	4:37	
21	Fri	8:25	0.4	8:43	0.4	2:36	0.0	3:11	0.0	6:48	4:36	
22	Sat	9:16	0.5	9:36	0.4	3:24	0.0	4:05	0.0	6:49	4:36	
23	Sun	10:04	0.5	10:27	0.4	4:14	0.0	4:59	-0.1	6:50	4:35	
24	Mon	10:53	0.5	11:19	0.4	5:05	-0.1	5:53	-0.1	6:51	4:35	
25	Tue	11:44	0.5			5:57	0.0	6:45	-0.1	6:52	4:34	
26	Wed	12:13	0.4	12:37	0.5	6:48	0.0	7:36	0.0	6:53	4:34	
27	Thu	1:11	0.4	1:35	0.5	7:40	0.0	8:28	0.0	6:54	4:33	
28	Fri	2:13	0.4	2:35	0.4	8:34	0.0	9:24	0.0	6:55	4:33	
29	Sat	3:16	0.4	3:35	0.4	9:34	0.0	10:24	0.0	6:56	4:33	
30	Sun	4:15	0.4	4:31	0.4	10:42	0.1	11:26	0.0	6:57	4:32	