US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Nov 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:21	0.3	1:23	0.4	7:31	0.1	8:23	0.1	6:26	4:54	
2	Tue	2:11	0.3	2:08	0.4	8:07	0.1	9:07	0.1	6:27	4:53	
3	Wed	3:04	0.3	2:59	0.4	8:48	0.1	10:00	0.1	6:28	4:52	
4	Thu	3:58	0.3	3:53	0.4	9:41	0.1	11:03	0.1	6:29	4:50	
5	Fri	4:49	0.3	4:45	0.3	10:54	0.1			6:30	4:49	
6	Sat	5:40	0.3	5:37	0.4	12:04	0.1	12:06	0.1	6:31	4:48	
7	Sun	6:32	0.3	6:33	0.4	12:57	0.1	1:07	0.1	6:32	4:47	
8	Mon	7:24	0.4	7:30	0.4	1:43	0.1	2:00	0.1	6:34	4:46	
9	Tue	8:12	0.4	8:23	0.4	2:25	0.0	2:50	0.0	6:35	4:45	
10	Wed	8:56	0.4	9:10	0.4	3:07	0.0	3:38	0.0	6:36	4:44	
11	Thu	9:38	0.5	9:56	0.4	3:49	0.0	4:27	0.0	6:37	4:43	
12	Fri	10:21	0.5	10:42	0.4	4:33	0.0	5:18	0.0	6:38	4:43	
13	Sat	11:05	0.5	11:30	0.4	5:20	0.0	6:08	0.0	6:39	4:42	
14	Sun	11:53	0.5			6:08	0.0	6:59	0.0	6:40	4:41	
15	Mon	12:23	0.4	12:46	0.5	6:58	0.0	7:49	0.0	6:42	4:40	
16	Tue	1:21	0.4	1:46	0.5	7:49	0.0	8:43	0.0	6:43	4:39	
17	Wed	2:26	0.4	2:50	0.4	8:45	0.0	9:43	0.0	6:44	4:39	
18	Thu	3:32	0.4	3:53	0.4	9:52	0.1	10:49	0.0	6:45	4:38	
19	Fri	4:34	0.4	4:53	0.4	11:07	0.1	11:54	0.0	6:46	4:37	
20	Sat	5:34	0.4	5:52	0.4			12:20	0.1	6:47	4:37	
21	Sun	6:33	0.4	6:51	0.4	12:52	0.0	1:23	0.0	6:48	4:36	
22	Mon	7:30	0.4	7:48	0.4	1:43	0.0	2:18	0.0	6:49	4:35	
23	Tue	8:22	0.4	8:40	0.4	2:29	0.0	3:07	0.0	6:51	4:35	
24	Wed	9:07	0.4	9:27	0.4	3:11	0.0	3:53	0.0	6:52	4:34	
25	Thu	9:47	0.4	10:09	0.4	3:52	0.0	4:38	0.0	6:53	4:34	
26	Fri	10:25	0.4	10:50	0.4	4:32	0.0	5:21	0.0	6:54	4:33	
27	Sat	11:01	0.4	11:30	0.3	5:12	0.0	6:03	0.0	6:55	4:33	
28	Sun	11:38	0.4			5:52	0.0	6:43	0.0	6:56	4:33	
29	Mon	12:12	0.3	12:14	0.4	6:30	0.0	7:21	0.0	6:57	4:32	
30	Tue	12:55	0.3	12:51	0.4	7:07	0.1	7:59	0.0	6:58	4:32	