US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:37	0.3	2:23	0.3	8:38	0.1	9:17	0.0	7:18	4:42	
2	Sun	3:21	0.3	3:11	0.3	9:25	0.1	10:00	0.0	7:18	4:43	
3	Mon	4:06	0.3	4:03	0.3	10:29	0.1	10:53	0.0	7:18	4:44	
4	Tue	4:53	0.3	4:58	0.3	11:43	0.1	11:54	0.0	7:18	4:45	
5	Wed	5:46	0.4	6:00	0.3			12:53	0.0	7:18	4:46	
6	Thu	6:46	0.4	7:10	0.3	12:56	0.0	1:56	0.0	7:18	4:47	
7	Fri	7:50	0.4	8:18	0.3	1:55	0.0	2:54	0.0	7:18	4:48	
8	Sat	8:50	0.4	9:19	0.3	2:52	0.0	3:50	0.0	7:17	4:49	
9	Sun	9:45	0.5	10:14	0.4	3:49	0.0	4:46	-0.1	7:17	4:50	
10	Mon	10:38	0.5	11:08	0.4	4:46	-0.1	5:39	-0.1	7:17	4:51	
11	Tue	11:30	0.5			5:43	-0.1	6:30	-0.1	7:17	4:52	
12	Wed	12:02	0.4	12:23	0.5	6:37	-0.1	7:18	-0.1	7:17	4:53	
13	Thu	12:56	0.4	1:16	0.4	7:28	-0.1	8:05	-0.1	7:16	4:54	
14	Fri	1:52	0.4	2:11	0.4	8:19	0.0	8:52	-0.1	7:16	4:55	
15	Sat	2:48	0.4	3:05	0.4	9:13	0.0	9:41	0.0	7:16	4:56	
16	Sun	3:42	0.4	3:58	0.4	10:13	0.0	10:34	0.0	7:15	4:57	
17	Mon	4:33	0.4	4:49	0.3	11:18	0.0	11:29	0.0	7:15	4:58	
18	Tue	5:23	0.4	5:42	0.3			12:23	0.0	7:14	4:59	
19	Wed	6:15	0.3	6:39	0.3	12:24	0.0	1:23	0.0	7:14	5:00	
20	Thu	7:10	0.3	7:39	0.3	1:17	0.0	2:16	0.0	7:13	5:01	
21	Fri	8:06	0.3	8:36	0.3	2:06	0.0	3:05	0.0	7:12	5:03	
22	Sat	8:56	0.4	9:25	0.3	2:53	0.0	3:50	0.0	7:12	5:04	
23	Sun	9:40	0.4	10:08	0.3	3:39	0.0	4:34	0.0	7:11	5:05	
24	Mon	10:20	0.4	10:49	0.3	4:24	0.0	5:17	0.0	7:10	5:06	
25	Tue	10:57	0.4	11:28	0.3	5:07	0.0	5:56	0.0	7:10	5:07	
26	Wed	11:32	0.4			5:49	0.0	6:33	0.0	7:09	5:08	
27	Thu	12:05	0.3	12:05	0.4	6:28	0.0	7:07	0.0	7:08	5:10	
28	Fri	12:42	0.3	12:38	0.4	7:05	0.0	7:38	0.0	7:07	5:11	
29	Sat	1:17	0.3	1:12	0.3	7:40	0.0	8:08	0.0	7:07	5:12	
30	Sun	1:55	0.3	1:51	0.3	8:17	0.0	8:38	0.0	7:06	5:13	
31	Mon	2:36	0.3	2:37	0.3	8:59	0.0	9:12	0.0	7:05	5:14	