

































## Lanoka Harbor, NJ - Mar 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:00	0.4	2:15	0.3	8:42	0.0	8:42	0.0	6:29	5:48	
2	Wed	2:49	0.4	3:11	0.3	9:35	0.0	9:29	0.0	6:27	5:49	
3	Thu	3:47	0.4	4:13	0.3	10:46	0.0	10:39	0.0	6:26	5:50	
4	Fri	4:49	0.4	5:21	0.3			12:06	0.0	6:24	5:51	
5	Sat	5:58	0.4	6:35	0.3	12:06	0.0	1:18	0.0	6:23	5:52	
6	Sun	7:12	0.4	7:49	0.3	1:23	0.0	2:20	0.0	6:21	5:54	
7	Mon	8:20	0.4	8:53	0.4	2:28	0.0	3:15	0.0	6:20	5:55	
8	Tue	9:18	0.4	9:47	0.4	3:27	0.0	4:07	-0.1	6:18	5:56	
9	Wed	10:09	0.4	10:36	0.4	4:23	-0.1	4:56	-0.1	6:16	5:57	
10	Thu	10:57	0.4	11:22	0.4	5:16	-0.1	5:43	-0.1	6:15	5:58	
11	Fri	11:43	0.4			6:05	-0.1	6:26	-0.1	6:13	5:59	
12	Sat	12:08	0.4	12:29	0.4	6:52	-0.1	7:07	-0.1	6:12	6:00	
13	Sun	12:53	0.4	1:16	0.4	7:37	0.0	7:46	0.0	6:10	6:01	
14	Mon	1:38	0.4	2:04	0.4	8:20	0.0	8:24	0.0	6:08	6:02	
15	Tue	2:24	0.4	2:55	0.3	9:06	0.0	9:04	0.0	6:07	6:03	
16	Wed	3:12	0.4	3:46	0.3	9:58	0.0	9:50	0.1	6:05	6:04	
17	Thu	4:02	0.3	4:39	0.3	11:01	0.1	10:50	0.1	6:04	6:05	
18	Fri	4:53	0.3	5:34	0.3			12:08	0.1	6:02	6:06	
19	Sat	5:49	0.3	6:34	0.3	12:00	0.1	1:10	0.1	6:00	6:07	
20	Sun	6:51	0.3	7:36	0.3	1:05	0.1	2:03	0.1	5:59	6:08	
21	Mon	7:53	0.3	8:30	0.3	2:01	0.1	2:48	0.0	5:57	6:09	
22	Tue	8:44	0.3	9:15	0.3	2:50	0.0	3:30	0.0	5:56	6:10	
23	Wed	9:27	0.4	9:54	0.4	3:36	0.0	4:10	0.0	5:54	6:11	
24	Thu	10:04	0.4	10:30	0.4	4:20	0.0	4:49	0.0	5:52	6:12	
25	Fri	10:40	0.4	11:04	0.4	5:03	0.0	5:26	0.0	5:51	6:13	
26	Sat	11:14	0.4	11:37	0.4	5:45	0.0	6:01	0.0	5:49	6:14	
27	Sun	11:50	0.4			6:26	0.0	6:35	0.0	5:47	6:15	
28	Mon	12:11	0.4	12:28	0.4	7:06	0.0	7:09	0.0	5:46	6:16	
29	Tue	12:50	0.4	1:12	0.3	7:47	0.0	7:45	0.0	5:44	6:17	
30	Wed	1:36	0.4	2:05	0.3	8:32	0.0	8:26	0.0	5:43	6:18	
31	Thu	2:31	0.4	3:06	0.3	9:27	0.0	9:18	0.0	5:41	6:19	