US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:13	0.3	9:34	0.4	3:46	0.1	3:33	0.1	5:55	8:10	
2	Tue	10:06	0.3	10:21	0.4	4:33	0.1	4:20	0.1	5:56	8:09	
3	Wed	10:52	0.3	11:03	0.4	5:17	0.0	5:06	0.1	5:57	8:08	
4	Thu	11:34	0.4	11:42	0.4	6:00	0.0	5:51	0.1	5:58	8:06	
5	Fri			12:14	0.4	6:41	0.0	6:34	0.1	5:59	8:05	
6	Sat	12:18	0.4	12:53	0.4	7:18	0.0	7:15	0.1	6:00	8:04	
7	Sun	12:53	0.4	1:30	0.4	7:53	0.0	7:53	0.1	6:01	8:03	
8	Mon	1:26	0.4	2:07	0.4	8:24	0.0	8:29	0.1	6:02	8:02	
9	Tue	1:59	0.4	2:43	0.4	8:54	0.0	9:05	0.1	6:03	8:01	
10	Wed	2:35	0.4	3:21	0.4	9:22	0.0	9:45	0.1	6:04	7:59	
11	Thu	3:17	0.4	4:03	0.4	9:53	0.1	10:32	0.1	6:05	7:58	
12	Fri	4:06	0.3	4:50	0.4	10:31	0.1	11:37	0.1	6:05	7:57	
13	Sat	5:01	0.3	5:42	0.4	11:26	0.1			6:06	7:55	
14	Sun	6:01	0.3	6:41	0.4	12:53	0.1	12:40	0.1	6:07	7:54	
15	Mon	7:09	0.3	7:49	0.4	2:04	0.1	1:56	0.1	6:08	7:53	
16	Tue	8:24	0.3	8:59	0.5	3:07	0.1	3:03	0.0	6:09	7:51	
17	Wed	9:33	0.4	10:00	0.5	4:04	0.0	4:04	0.0	6:10	7:50	
18	Thu	10:32	0.4	10:55	0.5	4:58	0.0	5:03	0.0	6:11	7:49	
19	Fri	11:25	0.4	11:46	0.5	5:51	0.0	6:00	0.0	6:12	7:47	
20	Sat			12:16	0.5	6:41	-0.1	6:56	0.0	6:13	7:46	
21	Sun	12:37	0.5	1:07	0.5	7:28	-0.1	7:48	0.0	6:14	7:44	
22	Mon	1:27	0.5	1:59	0.5	8:13	-0.1	8:37	0.0	6:15	7:43	
23	Tue	2:18	0.5	2:51	0.5	8:57	0.0	9:27	0.0	6:16	7:41	
24	Wed	3:11	0.4	3:43	0.4	9:41	0.0	10:20	0.0	6:17	7:40	
25	Thu	4:05	0.4	4:35	0.4	10:28	0.0	11:20	0.1	6:18	7:38	
26	Fri	4:59	0.4	5:26	0.4	11:20	0.1			6:19	7:37	
27	Sat	5:53	0.3	6:17	0.4	12:25	0.1	12:19	0.1	6:20	7:35	
28	Sun	6:48	0.3	7:12	0.4	1:31	0.1	1:20	0.1	6:21	7:34	
29	Mon	7:48	0.3	8:11	0.4	2:29	0.1	2:18	0.1	6:22	7:32	
30	Tue	8:48	0.3	9:08	0.4	3:20	0.1	3:11	0.1	6:22	7:31	
31	Wed	9:42	0.3	9:57	0.4	4:06	0.1	3:58	0.1	6:23	7:29	