US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:41	0.5			5:55	0.0	6:45	-0.1	7:18	4:42	
2	Mon	12:13	0.4	12:33	0.5	6:47	0.0	7:32	-0.1	7:18	4:43	
3	Tue	1:07	0.4	1:27	0.4	7:38	0.0	8:19	-0.1	7:18	4:44	
4	Wed	2:05	0.4	2:23	0.4	8:31	0.0	9:07	-0.1	7:18	4:45	
5	Thu	3:03	0.4	3:20	0.4	9:29	0.0	10:00	0.0	7:18	4:45	
6	Fri	3:59	0.4	4:16	0.4	10:35	0.0	10:58	0.0	7:18	4:46	
7	Sat	4:53	0.4	5:11	0.3	11:45	0.0	11:57	0.0	7:18	4:47	
8	Sun	5:48	0.4	6:09	0.3			12:52	0.0	7:17	4:48	
9	Mon	6:46	0.4	7:12	0.3	12:55	0.0	1:53	0.0	7:17	4:49	
10	Tue	7:45	0.4	8:14	0.3	1:49	0.0	2:47	0.0	7:17	4:50	
11	Wed	8:40	0.4	9:08	0.3	2:40	0.0	3:37	0.0	7:17	4:51	
12	Thu	9:28	0.4	9:56	0.3	3:28	0.0	4:25	0.0	7:17	4:52	
13	Fri	10:12	0.4	10:40	0.3	4:15	0.0	5:10	0.0	7:16	4:53	
14	Sat	10:52	0.4	11:22	0.3	5:00	0.0	5:52	0.0	7:16	4:55	
15	Sun	11:31	0.4			5:44	0.0	6:31	0.0	7:16	4:56	
16	Mon	12:03	0.3	12:09	0.4	6:25	0.0	7:07	0.0	7:15	4:57	
17	Tue	12:44	0.3	12:45	0.4	7:03	0.0	7:40	0.0	7:15	4:58	
18	Wed	1:25	0.3	1:22	0.3	7:40	0.0	8:12	0.0	7:14	4:59	
19	Thu	2:06	0.3	1:59	0.3	8:16	0.0	8:42	0.0	7:14	5:00	
20	Fri	2:47	0.3	2:38	0.3	8:55	0.0	9:14	0.0	7:13	5:01	
21	Sat	3:27	0.3	3:22	0.3	9:42	0.1	9:53	0.0	7:13	5:02	
22	Sun	4:09	0.3	4:10	0.3	10:44	0.1	10:44	0.0	7:12	5:04	
23	Mon	4:54	0.3	5:04	0.3	11:56	0.1	11:49	0.0	7:11	5:05	
24	Tue	5:46	0.3	6:07	0.3			1:04	0.0	7:11	5:06	
25	Wed	6:48	0.4	7:19	0.3	12:56	0.0	2:05	0.0	7:10	5:07	
26	Thu	7:54	0.4	8:27	0.3	1:58	0.0	3:01	0.0	7:09	5:08	
27	Fri	8:54	0.4	9:24	0.3	2:56	0.0	3:54	0.0	7:08	5:09	
28	Sat	9:47	0.4	10:16	0.4	3:52	0.0	4:46	-0.1	7:08	5:11	
29	Sun	10:38	0.5	11:06	0.4	4:48	-0.1	5:37	-0.1	7:07	5:12	
30	Mon	11:28	0.5	11:57	0.4	5:43	-0.1	6:24	-0.1	7:06	5:13	
31	Tue			12:18	0.5	6:35	-0.1	7:10	-0.1	7:05	5:14	