US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:58	0.5			6:20	-0.1	6:44	-0.1	6:29	5:48	
2	Thu	12:25	0.4	12:48	0.4	7:10	-0.1	7:28	-0.1	6:28	5:49	
3	Fri	1:15	0.4	1:40	0.4	7:59	-0.1	8:11	-0.1	6:26	5:50	
4	Sat	2:07	0.4	2:34	0.4	8:49	0.0	8:56	0.0	6:25	5:51	
5	Sun	3:00	0.4	3:29	0.3	9:45	0.0	9:47	0.0	6:23	5:52	
6	Mon	3:54	0.4	4:26	0.3	10:49	0.0	10:48	0.0	6:21	5:53	
7	Tue	4:48	0.3	5:23	0.3	11:59	0.0	11:56	0.1	6:20	5:54	
8	Wed	5:46	0.3	6:24	0.3			1:05	0.0	6:18	5:55	
9	Thu	6:49	0.3	7:29	0.3	1:01	0.1	2:02	0.0	6:17	5:56	
10	Fri	7:53	0.3	8:27	0.3	1:59	0.1	2:50	0.0	6:15	5:58	
11	Sat	8:46	0.3	9:14	0.3	2:49	0.0	3:33	0.0	6:14	5:59	
12	Sun	9:30	0.4	9:55	0.3	3:35	0.0	4:13	0.0	6:12	6:00	
13	Mon	10:08	0.4	10:32	0.4	4:18	0.0	4:51	0.0	6:10	6:01	
14	Tue	10:44	0.4	11:07	0.4	5:00	0.0	5:27	0.0	6:09	6:02	
15	Wed	11:17	0.4	11:40	0.4	5:41	0.0	6:01	0.0	6:07	6:03	
16	Thu	11:49	0.4			6:19	0.0	6:33	0.0	6:06	6:04	
17	Fri	12:11	0.4	12:21	0.3	6:55	0.0	7:02	0.0	6:04	6:05	
18	Sat	12:41	0.4	12:53	0.3	7:30	0.0	7:30	0.0	6:02	6:06	
19	Sun	1:13	0.4	1:30	0.3	8:05	0.0	7:57	0.0	6:01	6:07	
20	Mon	1:51	0.4	2:15	0.3	8:44	0.0	8:31	0.0	5:59	6:08	
21	Tue	2:40	0.4	3:12	0.3	9:34	0.0	9:16	0.1	5:58	6:09	
22	Wed	3:39	0.4	4:15	0.3	10:46	0.1	10:30	0.1	5:56	6:10	
23	Thu	4:43	0.4	5:22	0.3			12:05	0.1	5:54	6:11	
24	Fri	5:52	0.4	6:33	0.3	12:05	0.1	1:13	0.0	5:53	6:12	
25	Sat	7:05	0.4	7:44	0.3	1:22	0.0	2:12	0.0	5:51	6:13	
26	Sun	8:12	0.4	8:45	0.4	2:26	0.0	3:05	0.0	5:49	6:14	
27	Mon	9:09	0.4	9:37	0.4	3:23	0.0	3:54	-0.1	5:48	6:15	
28	Tue	10:00	0.4	10:26	0.5	4:18	-0.1	4:43	-0.1	5:46	6:16	
29	Wed	10:49	0.5	11:13	0.5	5:12	-0.1	5:30	-0.1	5:45	6:17	
30	Thu	11:37	0.4			6:03	-0.1	6:16	-0.1	5:43	6:18	
31	Fri	12:00	0.5	12:26	0.4	6:52	-0.1	7:00	-0.1	5:41	6:19	