US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:57	0.4	9:27	0.3	2:58	0.0	3:56	0.0	7:18	4:42	
2	Tue	9:49	0.4	10:18	0.3	3:51	0.0	4:48	0.0	7:18	4:43	
3	Wed	10:36	0.4	11:07	0.3	4:42	0.0	5:37	0.0	7:18	4:43	
4	Thu	11:21	0.4	11:53	0.3	5:32	0.0	6:23	0.0	7:18	4:44	
5	Fri			12:05	0.4	6:19	0.0	7:04	0.0	7:18	4:45	
6	Sat	12:40	0.3	12:48	0.4	7:02	0.0	7:43	0.0	7:18	4:46	
7	Sun	1:26	0.3	1:32	0.4	7:43	0.0	8:20	0.0	7:18	4:47	
8	Mon	2:13	0.3	2:16	0.3	8:23	0.0	8:57	0.0	7:18	4:48	
9	Tue	3:00	0.3	3:01	0.3	9:07	0.0	9:35	0.0	7:17	4:49	
10	Wed	3:44	0.3	3:46	0.3	9:57	0.1	10:18	0.0	7:17	4:50	
11	Thu	4:28	0.3	4:31	0.3	10:57	0.1	11:09	0.0	7:17	4:51	
12	Fri	5:12	0.3	5:19	0.3			12:01	0.1	7:17	4:52	
13	Sat	5:59	0.3	6:14	0.3	12:04	0.1	1:02	0.1	7:16	4:53	
14	Sun	6:52	0.3	7:16	0.3	12:59	0.0	1:58	0.0	7:16	4:54	
15	Mon	7:48	0.4	8:17	0.3	1:52	0.0	2:49	0.0	7:16	4:55	
16	Tue	8:41	0.4	9:09	0.3	2:42	0.0	3:38	0.0	7:15	4:56	
17	Wed	9:28	0.4	9:55	0.3	3:31	0.0	4:26	0.0	7:15	4:58	
18	Thu	10:12	0.4	10:39	0.3	4:20	0.0	5:13	0.0	7:14	4:59	
19	Fri	10:56	0.4	11:23	0.3	5:09	0.0	5:58	-0.1	7:14	5:00	
20	Sat	11:40	0.4			5:59	0.0	6:41	-0.1	7:13	5:01	
21	Sun	12:09	0.4	12:27	0.4	6:46	-0.1	7:23	-0.1	7:13	5:02	
22	Mon	12:58	0.4	1:16	0.4	7:34	0.0	8:05	-0.1	7:12	5:03	
23	Tue	1:50	0.4	2:09	0.4	8:23	0.0	8:49	-0.1	7:12	5:04	
24	Wed	2:45	0.4	3:05	0.4	9:19	0.0	9:38	0.0	7:11	5:06	
25	Thu	3:40	0.4	4:02	0.3	10:24	0.0	10:36	0.0	7:10	5:07	
26	Fri	4:36	0.4	5:00	0.3	11:36	0.0	11:40	0.0	7:09	5:08	
27	Sat	5:34	0.4	6:03	0.3			12:47	0.0	7:09	5:09	
28	Sun	6:38	0.4	7:11	0.3	12:46	0.0	1:52	0.0	7:08	5:10	
29	Mon	7:44	0.4	8:18	0.3	1:48	0.0	2:50	0.0	7:07	5:11	
30	Tue	8:45	0.4	9:16	0.3	2:45	0.0	3:42	0.0	7:06	5:13	
31	Wed	9:37	0.4	10:05	0.3	3:38	0.0	4:31	0.0	7:05	5:14	