US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:20	0.4	9:46	0.3	3:23	0.0	4:08	0.0	6:29	5:48	
2	Fri	10:02	0.4	10:27	0.4	4:10	0.0	4:49	0.0	6:28	5:49	
3	Sat	10:41	0.4	11:05	0.4	4:55	0.0	5:28	0.0	6:26	5:50	
4	Sun	11:17	0.4	11:42	0.4	5:37	0.0	6:03	0.0	6:25	5:51	
5	Mon	11:52	0.4			6:16	0.0	6:36	0.0	6:23	5:52	
6	Tue	12:17	0.4	12:27	0.4	6:53	0.0	7:07	0.0	6:22	5:53	
7	Wed	12:51	0.4	1:01	0.3	7:28	0.0	7:35	0.0	6:20	5:54	
8	Thu	1:25	0.4	1:37	0.3	8:02	0.0	8:02	0.0	6:19	5:55	
9	Fri	2:00	0.3	2:16	0.3	8:38	0.0	8:30	0.0	6:17	5:56	
10	Sat	2:39	0.3	3:01	0.3	9:19	0.1	9:03	0.1	6:16	5:57	
11	Sun	4:24	0.3	4:53	0.3	11:16	0.1	10:53	0.1	7:14	6:58	
12	Mon	5:17	0.3	5:51	0.3			12:31	0.1	7:12	6:59	
13	Tue	6:17	0.3	6:55	0.3	12:15	0.1	1:43	0.1	7:11	7:00	
14	Wed	7:24	0.3	8:06	0.3	1:40	0.1	2:44	0.0	7:09	7:01	
15	Thu	8:34	0.4	9:10	0.3	2:48	0.0	3:37	0.0	7:08	7:03	
16	Fri	9:34	0.4	10:04	0.4	3:46	0.0	4:26	0.0	7:06	7:04	
17	Sat	10:27	0.4	10:52	0.4	4:40	0.0	5:13	-0.1	7:04	7:05	
18	Sun	11:15	0.4	11:39	0.4	5:34	-0.1	6:00	-0.1	7:03	7:06	
19	Mon			12:02	0.4	6:26	-0.1	6:46	-0.1	7:01	7:07	
20	Tue	12:25	0.5	12:50	0.4	7:17	-0.1	7:32	-0.1	7:00	7:08	
21	Wed	1:13	0.5	1:41	0.4	8:07	-0.1	8:16	-0.1	6:58	7:09	
22	Thu	2:03	0.5	2:34	0.4	8:56	-0.1	9:02	0.0	6:56	7:10	
23	Fri	2:57	0.4	3:33	0.4	9:49	0.0	9:51	0.0	6:55	7:11	
24	Sat	3:55	0.4	4:33	0.3	10:48	0.0	10:48	0.0	6:53	7:12	
25	Sun	4:55	0.4	5:34	0.3	11:57	0.0	11:58	0.1	6:52	7:13	
26	Mon	5:55	0.4	6:35	0.3			1:08	0.0	6:50	7:14	
27	Tue	6:57	0.3	7:39	0.3	1:12	0.1	2:13	0.0	6:48	7:15	
28	Wed	8:02	0.3	8:41	0.3	2:18	0.1	3:07	0.0	6:47	7:16	
29	Thu	9:03	0.4	9:35	0.3	3:14	0.0	3:54	0.0	6:45	7:17	
30	Fri	9:53	0.4	10:20	0.4	4:03	0.0	4:35	0.0	6:43	7:18	
31	Sat	10:35	0.4	10:59	0.4	4:48	0.0	5:13	0.0	6:42	7:19	