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# Lanoka Harbor, NJ - May 2007

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 11:20 | 0.4 | 11:37 | 0.4 | 5:44 | 0.0 | 5:47 | 0.0 | 5:56 | 7:50 | |
| 2 | Wed | 11:57 | 0.4 | | | 6:26 | 0.0 | 6:24 | 0.0 | 5:55 | 7:51 | |
| 3 | Thu | 12:10 | 0.4 | 12:33 | 0.3 | 7:06 | 0.0 | 7:01 | 0.0 | 5:54 | 7:52 | |
| 4 | Fri | 12:42 | 0.4 | 1:09 | 0.3 | 7:45 | 0.0 | 7:35 | 0.1 | 5:53 | 7:53 | |
| 5 | Sat | 1:14 | 0.4 | 1:46 | 0.3 | 8:22 | 0.0 | 8:09 | 0.1 | 5:52 | 7:54 | |
| 6 | Sun | 1:49 | 0.4 | 2:29 | 0.3 | 8:59 | 0.0 | 8:43 | 0.1 | 5:50 | 7:55 | |
| 7 | Mon | 2:32 | 0.4 | 3:19 | 0.3 | 9:40 | 0.0 | 9:22 | 0.1 | 5:49 | 7:56 | |
| 8 | Tue | 3:24 | 0.4 | 4:15 | 0.3 | 10:28 | 0.1 | 10:14 | 0.1 | 5:48 | 7:57 | |
| 9 | Wed | 4:24 | 0.4 | 5:12 | 0.3 | 11:27 | 0.1 | 11:29 | 0.1 | 5:47 | 7:58 | |
| 10 | Thu | 5:24 | 0.4 | 6:08 | 0.4 | | | 12:30 | 0.0 | 5:46 | 7:59 | |
| 11 | Fri | 6:24 | 0.4 | 7:06 | 0.4 | 12:51 | 0.1 | 1:31 | 0.0 | 5:45 | 8:00 | |
| 12 | Sat | 7:27 | 0.4 | 8:08 | 0.4 | 2:02 | 0.1 | 2:26 | 0.0 | 5:44 | 8:01 | |
| 13 | Sun | 8:32 | 0.4 | 9:07 | 0.5 | 3:04 | 0.0 | 3:18 | 0.0 | 5:43 | 8:02 | |
| 14 | Mon | 9:33 | 0.4 | 10:01 | 0.5 | 4:01 | 0.0 | 4:08 | 0.0 | 5:42 | 8:03 | |
| 15 | Tue | 10:29 | 0.4 | 10:52 | 0.5 | 4:57 | 0.0 | 4:59 | 0.0 | 5:41 | 8:04 | |
| 16 | Wed | 11:22 | 0.4 | 11:42 | 0.5 | 5:52 | 0.0 | 5:51 | 0.0 | 5:40 | 8:05 | |
| 17 | Thu | | | 12:14 | 0.4 | 6:46 | 0.0 | 6:44 | 0.0 | 5:39 | 8:06 | |
| 18 | Fri | 12:31 | 0.5 | 1:08 | 0.4 | 7:37 | 0.0 | 7:35 | 0.0 | 5:38 | 8:07 | |
| 19 | Sat | 1:23 | 0.5 | 2:04 | 0.4 | 8:27 | 0.0 | 8:25 | 0.0 | 5:38 | 8:07 | |
| 20 | Sun | 2:17 | 0.5 | 3:02 | 0.4 | 9:17 | 0.0 | 9:15 | 0.0 | 5:37 | 8:08 | |
| 21 | Mon | 3:14 | 0.4 | 4:01 | 0.4 | 10:08 | 0.0 | 10:08 | 0.1 | 5:36 | 8:09 | |
| 22 | Tue | 4:10 | 0.4 | 4:56 | 0.4 | 11:03 | 0.0 | 11:08 | 0.1 | 5:35 | 8:10 | |
| 23 | Wed | 5:04 | 0.4 | 5:48 | 0.4 | | | 12:00 | 0.1 | 5:35 | 8:11 | |
| 24 | Thu | 5:55 | 0.4 | 6:38 | 0.4 | 12:14 | 0.1 | 12:55 | 0.1 | 5:34 | 8:12 | |
| 25 | Fri | 6:45 | 0.3 | 7:27 | 0.4 | 1:17 | 0.1 | 1:45 | 0.1 | 5:33 | 8:13 | |
| 26 | Sat | 7:37 | 0.3 | 8:17 | 0.4 | 2:13 | 0.1 | 2:29 | 0.1 | 5:33 | 8:14 | |
| 27 | Sun | 8:31 | 0.3 | 9:05 | 0.4 | 3:03 | 0.1 | 3:11 | 0.1 | 5:32 | 8:14 | |
| 28 | Mon | 9:22 | 0.3 | 9:49 | 0.4 | 3:49 | 0.1 | 3:50 | 0.1 | 5:32 | 8:15 | |
| 29 | Tue | 10:09 | 0.3 | 10:29 | 0.4 | 4:33 | 0.0 | 4:30 | 0.1 | 5:31 | 8:16 | |
| 30 | Wed | 10:51 | 0.3 | 11:06 | 0.4 | 5:17 | 0.0 | 5:11 | 0.1 | 5:31 | 8:17 | |
| 31 | Thu | 11:31 | 0.3 | 11:42 | 0.4 | 6:01 | 0.0 | 5:52 | 0.1 | 5:30 | 8:17 | |