US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:02	0.5	1:34	0.4	8:01	0.0	8:11	0.0	5:55	8:10	
2	Thu	1:48	0.5	2:22	0.4	8:41	0.0	8:59	0.0	5:56	8:09	
3	Fri	2:38	0.4	3:14	0.4	9:22	0.0	9:50	0.0	5:57	8:08	
4	Sat	3:32	0.4	4:09	0.4	10:06	0.0	10:50	0.1	5:57	8:07	
5	Sun	4:29	0.4	5:04	0.4	10:58	0.0	11:59	0.1	5:58	8:06	
6	Mon	5:27	0.4	6:01	0.4			12:00	0.0	5:59	8:05	
7	Tue	6:27	0.4	7:01	0.4	1:11	0.1	1:07	0.0	6:00	8:04	
8	Wed	7:33	0.3	8:06	0.4	2:18	0.1	2:12	0.0	6:01	8:02	
9	Thu	8:42	0.3	9:11	0.4	3:19	0.0	3:13	0.0	6:02	8:01	
10	Fri	9:45	0.4	10:08	0.4	4:14	0.0	4:09	0.0	6:03	8:00	
11	Sat	10:40	0.4	10:57	0.5	5:05	0.0	5:02	0.0	6:04	7:59	
12	Sun	11:28	0.4	11:42	0.5	5:53	0.0	5:53	0.0	6:05	7:57	
13	Mon			12:12	0.4	6:38	0.0	6:40	0.0	6:06	7:56	
14	Tue	12:23	0.4	12:55	0.4	7:19	0.0	7:24	0.0	6:07	7:55	
15	Wed	1:04	0.4	1:37	0.4	7:55	0.0	8:05	0.0	6:08	7:53	
16	Thu	1:44	0.4	2:18	0.4	8:30	0.0	8:44	0.1	6:09	7:52	
17	Fri	2:24	0.4	3:00	0.4	9:02	0.0	9:23	0.1	6:10	7:51	
18	Sat	3:06	0.4	3:43	0.4	9:33	0.1	10:04	0.1	6:11	7:49	
19	Sun	3:50	0.3	4:26	0.4	10:06	0.1	10:53	0.1	6:12	7:48	
20	Mon	4:37	0.3	5:09	0.4	10:45	0.1	11:54	0.1	6:13	7:46	
21	Tue	5:25	0.3	5:55	0.4	11:40	0.1			6:14	7:45	
22	Wed	6:17	0.3	6:47	0.4	1:02	0.1	12:49	0.1	6:14	7:44	
23	Thu	7:17	0.3	7:46	0.4	2:05	0.1	1:55	0.1	6:15	7:42	
24	Fri	8:22	0.3	8:47	0.4	3:00	0.1	2:54	0.1	6:16	7:41	
25	Sat	9:22	0.3	9:41	0.4	3:49	0.1	3:46	0.1	6:17	7:39	
26	Sun	10:11	0.4	10:28	0.5	4:36	0.0	4:37	0.0	6:18	7:38	
27	Mon	10:56	0.4	11:12	0.5	5:21	0.0	5:27	0.0	6:19	7:36	
28	Tue	11:39	0.4	11:56	0.5	6:06	0.0	6:18	0.0	6:20	7:35	
29	Wed			12:23	0.4	6:49	0.0	7:07	0.0	6:21	7:33	
30	Thu	12:41	0.5	1:08	0.5	7:32	0.0	7:56	0.0	6:22	7:32	
31	Fri	1:28	0.5	1:57	0.5	8:14	0.0	8:45	0.0	6:23	7:30	