US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:22	0.3	5:32	0.3			12:09	0.1	7:17	4:42	
2	Wed	6:10	0.3	6:25	0.3	12:20	0.0	1:07	0.1	7:18	4:42	
3	Thu	7:02	0.3	7:23	0.3	1:10	0.0	1:59	0.0	7:18	4:43	
4	Fri	7:55	0.4	8:19	0.3	1:57	0.0	2:47	0.0	7:18	4:44	
5	Sat	8:44	0.4	9:09	0.3	2:43	0.0	3:33	0.0	7:18	4:45	
6	Sun	9:28	0.4	9:53	0.3	3:28	0.0	4:18	0.0	7:18	4:46	
7	Mon	10:08	0.4	10:33	0.3	4:12	0.0	5:02	0.0	7:18	4:47	
8	Tue	10:45	0.4	11:12	0.3	4:57	0.0	5:45	0.0	7:18	4:48	
9	Wed	11:22	0.4	11:50	0.3	5:40	0.0	6:25	0.0	7:17	4:49	
10	Thu			12:00	0.4	6:21	0.0	7:02	0.0	7:17	4:50	
11	Fri	12:29	0.3	12:39	0.4	7:02	0.0	7:38	0.0	7:17	4:51	
12	Sat	1:11	0.3	1:23	0.4	7:43	0.0	8:15	0.0	7:17	4:52	
13	Sun	1:57	0.3	2:12	0.4	8:27	0.0	8:54	0.0	7:16	4:53	
14	Mon	2:49	0.4	3:06	0.3	9:20	0.0	9:41	0.0	7:16	4:54	
15	Tue	3:43	0.4	4:03	0.3	10:27	0.0	10:39	0.0	7:16	4:55	
16	Wed	4:39	0.4	5:03	0.3	11:43	0.0	11:45	0.0	7:15	4:56	
17	Thu	5:39	0.4	6:09	0.3			12:56	0.0	7:15	4:57	
18	Fri	6:45	0.4	7:20	0.3	12:53	0.0	2:01	0.0	7:14	4:58	
19	Sat	7:53	0.4	8:29	0.3	1:57	0.0	3:00	0.0	7:14	4:59	
20	Sun	8:56	0.4	9:28	0.3	2:57	0.0	3:56	0.0	7:13	5:01	
21	Mon	9:50	0.4	10:21	0.4	3:53	0.0	4:49	-0.1	7:13	5:02	
22	Tue	10:40	0.4	11:11	0.4	4:48	-0.1	5:39	-0.1	7:12	5:03	
23	Wed	11:27	0.4	11:59	0.4	5:40	-0.1	6:25	-0.1	7:12	5:04	
24	Thu			12:12	0.4	6:28	-0.1	7:07	-0.1	7:11	5:05	
25	Fri	12:46	0.4	12:57	0.4	7:13	0.0	7:46	-0.1	7:10	5:06	
26	Sat	1:32	0.4	1:42	0.4	7:56	0.0	8:23	0.0	7:10	5:08	
27	Sun	2:19	0.4	2:28	0.3	8:38	0.0	9:00	0.0	7:09	5:09	
28	Mon	3:05	0.3	3:14	0.3	9:24	0.0	9:40	0.0	7:08	5:10	
29	Tue	3:50	0.3	4:00	0.3	10:16	0.0	10:25	0.0	7:07	5:11	
30	Wed	4:35	0.3	4:48	0.3	11:18	0.1	11:20	0.1	7:06	5:12	
31	Thu	5:22	0.3	5:40	0.3			12:22	0.1	7:05	5:14	