US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:26	0.3	5:59	0.3			12:40	0.1	6:28	5:48	
2	Sun	6:26	0.3	7:04	0.3	12:39	0.1	1:39	0.1	6:27	5:50	
3	Mon	7:30	0.3	8:06	0.3	1:41	0.1	2:30	0.0	6:25	5:51	
4	Tue	8:26	0.4	8:56	0.3	2:34	0.0	3:16	0.0	6:24	5:52	
5	Wed	9:14	0.4	9:39	0.3	3:23	0.0	4:00	0.0	6:22	5:53	
6	Thu	9:56	0.4	10:19	0.4	4:11	0.0	4:43	0.0	6:21	5:54	
7	Fri	10:38	0.4	10:59	0.4	4:59	0.0	5:25	-0.1	6:19	5:55	
8	Sat	11:19	0.4	11:40	0.4	5:46	-0.1	6:06	-0.1	6:18	5:56	
9	Sun			1:03	0.4	7:32	-0.1	7:46	-0.1	7:16	6:57	
10	Mon	1:23	0.4	1:50	0.4	8:18	-0.1	8:27	-0.1	7:14	6:58	
11	Tue	2:11	0.4	2:42	0.4	9:06	0.0	9:10	0.0	7:13	6:59	
12	Wed	3:04	0.4	3:40	0.3	9:58	0.0	9:59	0.0	7:11	7:00	
13	Thu	4:03	0.4	4:42	0.3	11:00	0.0	10:59	0.0	7:10	7:01	
14	Fri	5:05	0.4	5:45	0.3			12:14	0.0	7:08	7:02	
15	Sat	6:09	0.4	6:50	0.3	12:14	0.0	1:27	0.0	7:06	7:03	
16	Sun	7:16	0.4	7:59	0.3	1:30	0.0	2:32	0.0	7:05	7:04	
17	Mon	8:25	0.4	9:04	0.3	2:38	0.0	3:28	0.0	7:03	7:05	
18	Tue	9:27	0.4	9:59	0.4	3:36	0.0	4:17	0.0	7:02	7:06	
19	Wed	10:18	0.4	10:45	0.4	4:28	0.0	5:02	0.0	7:00	7:07	
20	Thu	11:02	0.4	11:27	0.4	5:16	0.0	5:45	0.0	6:58	7:08	
21	Fri	11:43	0.4			6:02	0.0	6:24	0.0	6:57	7:09	
22	Sat	12:05	0.4	12:21	0.4	6:45	0.0	7:01	0.0	6:55	7:11	
23	Sun	12:43	0.4	12:59	0.4	7:25	0.0	7:36	0.0	6:54	7:12	
24	Mon	1:19	0.4	1:37	0.4	8:03	0.0	8:08	0.0	6:52	7:13	
25	Tue	1:55	0.4	2:16	0.3	8:39	0.0	8:39	0.0	6:50	7:14	
26	Wed	2:33	0.4	2:57	0.3	9:15	0.0	9:09	0.0	6:49	7:15	
27	Thu	3:13	0.4	3:44	0.3	9:54	0.0	9:42	0.1	6:47	7:16	
28	Fri	3:58	0.3	4:34	0.3	10:41	0.1	10:25	0.1	6:45	7:17	
29	Sat	4:48	0.3	5:27	0.3	11:44	0.1	11:32	0.1	6:44	7:18	
30	Sun	5:41	0.3	6:22	0.3			12:54	0.1	6:42	7:19	
31	Mon	6:39	0.3	7:21	0.3	12:56	0.1	1:56	0.1	6:41	7:20	