US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:07	0.4	10:30	0.5	4:39	0.0	4:32	0.0	5:32	8:28	
2	Wed	11:05	0.4	11:24	0.5	5:36	0.0	5:31	0.0	5:32	8:28	
3	Thu			12:00	0.4	6:31	0.0	6:28	0.0	5:33	8:28	
4	Fri	12:17	0.5	12:55	0.4	7:23	0.0	7:23	0.0	5:33	8:28	
5	Sat	1:09	0.5	1:49	0.4	8:11	0.0	8:15	0.0	5:34	8:28	
6	Sun	2:02	0.5	2:44	0.4	8:57	0.0	9:04	0.0	5:35	8:27	
7	Mon	2:54	0.4	3:38	0.4	9:42	0.0	9:55	0.0	5:35	8:27	
8	Tue	3:46	0.4	4:29	0.4	10:28	0.0	10:49	0.1	5:36	8:27	
9	Wed	4:37	0.4	5:17	0.4	11:16	0.0	11:48	0.1	5:36	8:26	
10	Thu	5:25	0.4	6:03	0.4			12:06	0.1	5:37	8:26	
11	Fri	6:13	0.3	6:50	0.4	12:49	0.1	12:57	0.1	5:38	8:26	
12	Sat	7:04	0.3	7:40	0.4	1:48	0.1	1:47	0.1	5:39	8:25	
13	Sun	8:00	0.3	8:33	0.4	2:41	0.1	2:36	0.1	5:39	8:25	
14	Mon	8:59	0.3	9:24	0.4	3:30	0.1	3:23	0.1	5:40	8:24	
15	Tue	9:52	0.3	10:11	0.4	4:17	0.1	4:10	0.1	5:41	8:24	
16	Wed	10:39	0.3	10:53	0.4	5:02	0.0	4:55	0.1	5:42	8:23	
17	Thu	11:21	0.3	11:32	0.4	5:47	0.0	5:41	0.1	5:42	8:22	
18	Fri			12:01	0.4	6:30	0.0	6:25	0.1	5:43	8:22	
19	Sat	12:09	0.4	12:39	0.4	7:10	0.0	7:08	0.1	5:44	8:21	
20	Sun	12:45	0.4	1:17	0.4	7:47	0.0	7:48	0.1	5:45	8:20	
21	Mon	1:22	0.4	1:56	0.4	8:22	0.0	8:27	0.1	5:46	8:20	
22	Tue	2:01	0.4	2:37	0.4	8:56	0.0	9:08	0.1	5:46	8:19	
23	Wed	2:46	0.4	3:23	0.4	9:31	0.0	9:54	0.1	5:47	8:18	
24	Thu	3:36	0.4	4:13	0.4	10:10	0.0	10:52	0.1	5:48	8:17	
25	Fri	4:31	0.4	5:06	0.4	10:59	0.0			5:49	8:16	
26	Sat	5:28	0.4	6:02	0.4	12:04	0.1	12:01	0.0	5:50	8:15	
27	Sun	6:30	0.3	7:04	0.4	1:18	0.1	1:10	0.0	5:51	8:14	
28	Mon	7:38	0.3	8:12	0.4	2:26	0.1	2:18	0.0	5:52	8:13	
29	Tue	8:50	0.4	9:19	0.5	3:28	0.0	3:21	0.0	5:53	8:12	
30	Wed	9:55	0.4	10:18	0.5	4:25	0.0	4:21	0.0	5:54	8:11	
31	Thu	10:52	0.4	11:12	0.5	5:19	0.0	5:18	0.0	5:54	8:10	