US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:42	0.3	1:46	0.3	8:03	0.0	8:35	0.0	7:18	4:42	
2	Fri	2:24	0.3	2:31	0.3	8:43	0.0	9:12	0.0	7:18	4:43	
3	Sat	3:10	0.3	3:22	0.3	9:34	0.1	9:57	0.0	7:18	4:44	
4	Sun	3:59	0.3	4:17	0.3	10:44	0.1	10:54	0.0	7:18	4:45	
5	Mon	4:52	0.4	5:16	0.3			12:01	0.0	7:18	4:46	
6	Tue	5:50	0.4	6:22	0.3	12:01	0.0	1:12	0.0	7:18	4:47	
7	Wed	6:56	0.4	7:34	0.3	1:06	0.0	2:15	0.0	7:18	4:48	
8	Thu	8:04	0.4	8:40	0.3	2:08	0.0	3:13	0.0	7:17	4:49	
9	Fri	9:05	0.4	9:39	0.4	3:07	0.0	4:08	-0.1	7:17	4:50	
10	Sat	10:00	0.5	10:33	0.4	4:05	-0.1	5:03	-0.1	7:17	4:51	
11	Sun	10:52	0.5	11:26	0.4	5:02	-0.1	5:54	-0.1	7:17	4:52	
12	Mon	11:43	0.5			5:57	-0.1	6:43	-0.1	7:17	4:53	
13	Tue	12:18	0.4	12:34	0.4	6:49	-0.1	7:29	-0.1	7:16	4:54	
14	Wed	1:11	0.4	1:25	0.4	7:39	-0.1	8:14	-0.1	7:16	4:55	
15	Thu	2:04	0.4	2:17	0.4	8:28	0.0	8:59	-0.1	7:15	4:56	
16	Fri	2:57	0.4	3:09	0.4	9:20	0.0	9:46	0.0	7:15	4:57	
17	Sat	3:48	0.4	4:00	0.3	10:17	0.0	10:38	0.0	7:15	4:58	
18	Sun	4:37	0.4	4:51	0.3	11:20	0.0	11:33	0.0	7:14	4:59	
19	Mon	5:26	0.3	5:43	0.3			12:23	0.0	7:14	5:00	
20	Tue	6:19	0.3	6:41	0.3	12:29	0.0	1:22	0.0	7:13	5:01	
21	Wed	7:15	0.3	7:42	0.3	1:23	0.0	2:15	0.0	7:12	5:03	
22	Thu	8:11	0.3	8:38	0.3	2:14	0.0	3:02	0.0	7:12	5:04	
23	Fri	9:01	0.4	9:26	0.3	3:01	0.0	3:48	0.0	7:11	5:05	
24	Sat	9:44	0.4	10:09	0.3	3:46	0.0	4:31	0.0	7:10	5:06	
25	Sun	10:23	0.4	10:47	0.3	4:31	0.0	5:13	0.0	7:10	5:07	
26	Mon	11:00	0.4	11:24	0.3	5:14	0.0	5:52	0.0	7:09	5:09	
27	Tue	11:35	0.4	11:59	0.3	5:55	0.0	6:28	0.0	7:08	5:10	
28	Wed			12:08	0.4	6:34	0.0	7:02	0.0	7:07	5:11	
29	Thu	12:33	0.3	12:43	0.4	7:10	0.0	7:33	0.0	7:07	5:12	
30	Fri	1:08	0.3	1:20	0.3	7:46	0.0	8:04	0.0	7:06	5:13	
31	Sat	1:47	0.3	2:04	0.3	8:25	0.0	8:38	0.0	7:05	5:14	