US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:18	0.4	1:46	0.3	8:13	0.0	8:14	0.0	6:29	5:48	
2	Mon	2:06	0.4	2:41	0.3	9:00	0.0	8:58	0.0	6:27	5:49	
3	Tue	3:03	0.4	3:42	0.3	10:02	0.0	9:56	0.0	6:26	5:50	
4	Wed	4:05	0.4	4:46	0.3	11:19	0.0	11:15	0.0	6:24	5:51	
5	Thu	5:10	0.4	5:53	0.3			12:35	0.0	6:23	5:53	
6	Fri	6:21	0.4	7:05	0.3	12:35	0.0	1:41	0.0	6:21	5:54	
7	Sat	7:33	0.4	8:13	0.4	1:45	0.0	2:38	0.0	6:19	5:55	
8	Sun	9:37	0.4	10:10	0.4	3:46	0.0	4:30	0.0	7:18	6:56	
9	Mon	10:31	0.4	11:00	0.4	4:42	0.0	5:20	-0.1	7:16	6:57	
10	Tue	11:19	0.4	11:47	0.4	5:34	-0.1	6:06	-0.1	7:15	6:58	
11	Wed			12:04	0.4	6:25	-0.1	6:51	-0.1	7:13	6:59	
12	Thu	12:31	0.4	12:48	0.4	7:12	-0.1	7:32	-0.1	7:12	7:00	
13	Fri	1:14	0.4	1:32	0.4	7:56	-0.1	8:11	0.0	7:10	7:01	
14	Sat	1:57	0.4	2:17	0.4	8:38	0.0	8:48	0.0	7:08	7:02	
15	Sun	2:41	0.4	3:04	0.3	9:19	0.0	9:24	0.0	7:07	7:03	
16	Mon	3:27	0.4	3:53	0.3	10:02	0.0	10:03	0.0	7:05	7:04	
17	Tue	4:15	0.4	4:44	0.3	10:52	0.0	10:50	0.1	7:04	7:05	
18	Wed	5:05	0.3	5:36	0.3	11:53	0.1	11:55	0.1	7:02	7:06	
19	Thu	5:57	0.3	6:31	0.3			1:00	0.1	7:00	7:07	
20	Fri	6:53	0.3	7:30	0.3	1:07	0.1	2:01	0.1	6:59	7:08	
21	Sat	7:53	0.3	8:31	0.3	2:11	0.1	2:53	0.1	6:57	7:09	
22	Sun	8:52	0.3	9:24	0.3	3:06	0.1	3:39	0.0	6:56	7:10	
23	Mon	9:42	0.4	10:08	0.3	3:54	0.0	4:21	0.0	6:54	7:11	
24	Tue	10:25	0.4	10:47	0.4	4:40	0.0	5:02	0.0	6:52	7:12	
25	Wed	11:04	0.4	11:22	0.4	5:24	0.0	5:41	0.0	6:51	7:13	
26	Thu	11:42	0.4	11:57	0.4	6:08	0.0	6:20	0.0	6:49	7:14	
27	Fri			12:20	0.4	6:52	0.0	6:59	0.0	6:47	7:15	
28	Sat	12:33	0.4	1:01	0.4	7:35	0.0	7:38	0.0	6:46	7:16	
29	Sun	1:13	0.4	1:45	0.4	8:18	0.0	8:17	0.0	6:44	7:17	
30	Mon	1:58	0.4	2:37	0.4	9:03	0.0	8:59	0.0	6:43	7:18	
31	Tue	2:50	0.4	3:35	0.3	9:54	0.0	9:48	0.0	6:41	7:19	