US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:48	0.4	5:34	0.4	11:51	0.0			5:56	7:51	
2	Sat	5:48	0.4	6:33	0.4	12:02	0.1	12:55	0.0	5:55	7:52	
3	Sun	6:48	0.4	7:33	0.4	1:14	0.1	1:55	0.0	5:53	7:53	
4	Mon	7:50	0.4	8:32	0.4	2:19	0.0	2:48	0.0	5:52	7:54	
5	Tue	8:50	0.4	9:26	0.4	3:16	0.0	3:36	0.0	5:51	7:55	
6	Wed	9:45	0.4	10:13	0.4	4:08	0.0	4:21	0.0	5:50	7:56	
7	Thu	10:33	0.4	10:56	0.5	4:56	0.0	5:04	0.0	5:49	7:57	
8	Fri	11:17	0.4	11:36	0.5	5:43	0.0	5:47	0.0	5:48	7:58	
9	Sat	11:59	0.4			6:28	0.0	6:29	0.0	5:47	7:59	
10	Sun	12:15	0.4	12:41	0.4	7:11	0.0	7:09	0.0	5:46	7:59	
11	Mon	12:54	0.4	1:24	0.3	7:51	0.0	7:48	0.1	5:44	8:00	
12	Tue	1:34	0.4	2:08	0.3	8:30	0.0	8:25	0.1	5:43	8:01	
13	Wed	2:16	0.4	2:56	0.3	9:08	0.0	9:02	0.1	5:43	8:02	
14	Thu	3:00	0.4	3:46	0.3	9:48	0.1	9:42	0.1	5:42	8:03	
15	Fri	3:48	0.4	4:35	0.3	10:32	0.1	10:31	0.1	5:41	8:04	
16	Sat	4:37	0.4	5:22	0.3	11:22	0.1	11:35	0.1	5:40	8:05	
17	Sun	5:24	0.3	6:07	0.3			12:18	0.1	5:39	8:06	
18	Mon	6:13	0.3	6:54	0.4	12:46	0.1	1:12	0.1	5:38	8:07	
19	Tue	7:06	0.3	7:45	0.4	1:49	0.1	2:02	0.1	5:37	8:08	
20	Wed	8:05	0.3	8:37	0.4	2:45	0.1	2:50	0.0	5:36	8:09	
21	Thu	9:03	0.4	9:28	0.4	3:37	0.0	3:36	0.0	5:36	8:10	
22	Fri	9:57	0.4	10:16	0.5	4:28	0.0	4:23	0.0	5:35	8:11	
23	Sat	10:48	0.4	11:03	0.5	5:19	0.0	5:13	0.0	5:34	8:11	
24	Sun	11:37	0.4	11:51	0.5	6:12	0.0	6:05	0.0	5:34	8:12	
25	Mon			12:29	0.4	7:04	0.0	6:58	0.0	5:33	8:13	
26	Tue	12:41	0.5	1:23	0.4	7:54	0.0	7:50	0.0	5:32	8:14	
27	Wed	1:35	0.5	2:21	0.4	8:44	0.0	8:43	0.0	5:32	8:15	
28	Thu	2:33	0.5	3:22	0.4	9:35	0.0	9:38	0.0	5:31	8:16	
29	Fri	3:34	0.4	4:22	0.4	10:29	0.0	10:39	0.0	5:31	8:16	
30	Sat	4:34	0.4	5:19	0.4	11:27	0.0	11:47	0.1	5:30	8:17	
31	Sun	5:30	0.4	6:14	0.4			12:27	0.0	5:30	8:18	