US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:25	0.4	7:08	0.4	12:55	0.1	1:24	0.0	5:29	8:19	
2	Tue	7:22	0.4	8:03	0.4	1:59	0.1	2:16	0.0	5:29	8:19	
3	Wed	8:20	0.4	8:57	0.4	2:55	0.0	3:04	0.0	5:29	8:20	
4	Thu	9:17	0.4	9:46	0.4	3:46	0.0	3:50	0.0	5:28	8:21	
5	Fri	10:08	0.4	10:30	0.4	4:34	0.0	4:33	0.0	5:28	8:21	
6	Sat	10:54	0.4	11:11	0.4	5:20	0.0	5:17	0.0	5:28	8:22	
7	Sun	11:37	0.4	11:51	0.4	6:05	0.0	6:00	0.1	5:28	8:22	
8	Mon			12:19	0.4	6:49	0.0	6:43	0.1	5:27	8:23	
9	Tue	12:30	0.4	1:01	0.3	7:29	0.0	7:24	0.1	5:27	8:24	
10	Wed	1:09	0.4	1:44	0.3	8:08	0.0	8:03	0.1	5:27	8:24	
11	Thu	1:48	0.4	2:28	0.3	8:44	0.0	8:41	0.1	5:27	8:25	
12	Fri	2:28	0.4	3:13	0.3	9:20	0.0	9:18	0.1	5:27	8:25	
13	Sat	3:11	0.4	3:58	0.3	9:56	0.0	10:00	0.1	5:27	8:26	
14	Sun	3:55	0.4	4:41	0.3	10:36	0.1	10:52	0.1	5:27	8:26	
15	Mon	4:40	0.4	5:23	0.4	11:21	0.1	11:57	0.1	5:27	8:26	
16	Tue	5:28	0.3	6:07	0.4			12:13	0.1	5:27	8:27	
17	Wed	6:19	0.3	6:56	0.4	1:06	0.1	1:08	0.1	5:27	8:27	
18	Thu	7:18	0.3	7:52	0.4	2:10	0.1	2:04	0.0	5:27	8:27	
19	Fri	8:24	0.3	8:52	0.4	3:08	0.1	2:59	0.0	5:27	8:28	
20	Sat	9:28	0.4	9:49	0.5	4:03	0.0	3:53	0.0	5:28	8:28	
21	Sun	10:26	0.4	10:44	0.5	4:58	0.0	4:49	0.0	5:28	8:28	
22	Mon	11:20	0.4	11:36	0.5	5:53	0.0	5:46	0.0	5:28	8:28	
23	Tue			12:14	0.4	6:47	0.0	6:43	0.0	5:28	8:28	
24	Wed	12:29	0.5	1:10	0.4	7:38	-0.1	7:39	0.0	5:29	8:29	
25	Thu	1:23	0.5	2:07	0.4	8:27	-0.1	8:32	0.0	5:29	8:29	
26	Fri	2:19	0.5	3:05	0.4	9:16	0.0	9:25	0.0	5:29	8:29	
27	Sat	3:16	0.5	4:02	0.4	10:05	0.0	10:22	0.0	5:30	8:29	
28	Sun	4:12	0.4	4:56	0.4	10:57	0.0	11:24	0.1	5:30	8:29	
29	Mon	5:06	0.4	5:48	0.4	11:53	0.0			5:31	8:29	
30	Tue	5:59	0.4	6:39	0.4	12:30	0.1	12:48	0.0	5:31	8:29	