US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:42	0.5	10:14	0.4	3:50	0.0	4:47	0.0	6:59	4:32	
2	Wed	10:27	0.5	11:01	0.4	4:39	0.0	5:38	0.0	7:00	4:32	
3	Thu	11:14	0.5	11:52	0.4	5:30	0.0	6:28	0.0	7:01	4:32	
4	Fri			12:05	0.5	6:22	0.0	7:16	0.0	7:02	4:31	
5	Sat	12:46	0.4	1:00	0.5	7:13	0.0	8:05	0.0	7:03	4:31	
6	Sun	1:45	0.4	1:59	0.4	8:06	0.0	8:56	0.0	7:03	4:31	
7	Mon	2:46	0.4	2:59	0.4	9:03	0.0	9:52	0.0	7:04	4:31	
8	Tue	3:46	0.4	3:58	0.4	10:09	0.0	10:52	0.0	7:05	4:31	
9	Wed	4:43	0.4	4:55	0.4	11:19	0.0	11:52	0.0	7:06	4:31	
10	Thu	5:38	0.4	5:52	0.4			12:27	0.0	7:07	4:31	
11	Fri	6:35	0.4	6:52	0.3	12:49	0.0	1:29	0.0	7:08	4:31	
12	Sat	7:32	0.4	7:52	0.3	1:42	0.0	2:24	0.0	7:08	4:32	
13	Sun	8:25	0.4	8:47	0.3	2:30	0.0	3:14	0.0	7:09	4:32	
14	Mon	9:13	0.4	9:36	0.3	3:16	0.0	4:02	0.0	7:10	4:32	
15	Tue	9:56	0.4	10:20	0.3	4:01	0.0	4:48	0.0	7:11	4:32	
16	Wed	10:38	0.4	11:03	0.3	4:46	0.0	5:32	0.0	7:11	4:33	
17	Thu	11:17	0.4	11:44	0.3	5:29	0.0	6:14	0.0	7:12	4:33	
18	Fri	11:57	0.4			6:11	0.0	6:53	0.0	7:12	4:33	
19	Sat	12:26	0.3	12:36	0.4	6:50	0.0	7:29	0.0	7:13	4:34	
20	Sun	1:08	0.3	1:16	0.4	7:28	0.0	8:04	0.0	7:14	4:34	
21	Mon	1:52	0.3	1:57	0.4	8:05	0.1	8:40	0.0	7:14	4:35	
22	Tue	2:37	0.3	2:40	0.3	8:43	0.1	9:17	0.0	7:15	4:35	
23	Wed	3:21	0.3	3:25	0.3	9:29	0.1	9:59	0.0	7:15	4:36	
24	Thu	4:04	0.3	4:11	0.3	10:30	0.1	10:48	0.0	7:15	4:36	
25	Fri	4:47	0.3	5:00	0.3	11:40	0.1	11:45	0.0	7:16	4:37	
26	Sat	5:34	0.3	5:56	0.3			12:47	0.1	7:16	4:38	
27	Sun	6:28	0.4	7:00	0.3	12:43	0.0	1:47	0.0	7:17	4:38	
28	Mon	7:28	0.4	8:05	0.3	1:38	0.0	2:42	0.0	7:17	4:39	
29	Tue	8:27	0.4	9:03	0.3	2:33	0.0	3:35	0.0	7:17	4:40	
30	Wed	9:21	0.4	9:56	0.3	3:26	0.0	4:28	0.0	7:17	4:40	
31	Thu	10:13	0.5	10:47	0.4	4:21	0.0	5:21	-0.1	7:17	4:41	