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# Lanoka Harbor, NJ - Feb 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 12:12 | 0.4 | 12:29 | 0.4 | 6:49 | -0.1 | 7:21 | -0.1 | 7:04 | 5:15 | |
| 2 | Tue | 1:04 | 0.4 | 1:21 | 0.4 | 7:39 | -0.1 | 8:06 | -0.1 | 7:03 | 5:17 | |
| 3 | Wed | 1:58 | 0.4 | 2:14 | 0.4 | 8:29 | -0.1 | 8:52 | -0.1 | 7:02 | 5:18 | |
| 4 | Thu | 2:52 | 0.4 | 3:09 | 0.4 | 9:23 | 0.0 | 9:42 | 0.0 | 7:01 | 5:19 | |
| 5 | Fri | 3:45 | 0.4 | 4:04 | 0.3 | 10:23 | 0.0 | 10:39 | 0.0 | 7:00 | 5:20 | |
| 6 | Sat | 4:38 | 0.4 | 4:59 | 0.3 | 11:29 | 0.0 | 11:41 | 0.0 | 6:59 | 5:21 | |
| 7 | Sun | 5:32 | 0.3 | 5:56 | 0.3 | | | 12:36 | 0.0 | 6:58 | 5:23 | |
| 8 | Mon | 6:30 | 0.3 | 6:59 | 0.3 | 12:44 | 0.0 | 1:36 | 0.0 | 6:57 | 5:24 | |
| 9 | Tue | 7:31 | 0.3 | 8:02 | 0.3 | 1:41 | 0.0 | 2:29 | 0.0 | 6:56 | 5:25 | |
| 10 | Wed | 8:28 | 0.3 | 8:55 | 0.3 | 2:33 | 0.0 | 3:16 | 0.0 | 6:55 | 5:26 | |
| 11 | Thu | 9:16 | 0.4 | 9:40 | 0.3 | 3:20 | 0.0 | 3:59 | 0.0 | 6:53 | 5:27 | |
| 12 | Fri | 9:57 | 0.4 | 10:20 | 0.3 | 4:05 | 0.0 | 4:40 | 0.0 | 6:52 | 5:29 | |
| 13 | Sat | 10:36 | 0.4 | 10:57 | 0.3 | 4:48 | 0.0 | 5:19 | 0.0 | 6:51 | 5:30 | |
| 14 | Sun | 11:12 | 0.4 | 11:33 | 0.3 | 5:30 | 0.0 | 5:56 | 0.0 | 6:50 | 5:31 | |
| 15 | Mon | 11:46 | 0.4 | | | 6:09 | 0.0 | 6:30 | 0.0 | 6:48 | 5:32 | |
| 16 | Tue | 12:06 | 0.4 | 12:19 | 0.4 | 6:46 | 0.0 | 7:01 | 0.0 | 6:47 | 5:33 | |
| 17 | Wed | 12:37 | 0.3 | 12:52 | 0.3 | 7:20 | 0.0 | 7:31 | 0.0 | 6:46 | 5:34 | |
| 18 | Thu | 1:08 | 0.3 | 1:27 | 0.3 | 7:54 | 0.0 | 8:00 | 0.0 | 6:45 | 5:36 | |
| 19 | Fri | 1:43 | 0.3 | 2:07 | 0.3 | 8:30 | 0.0 | 8:31 | 0.0 | 6:43 | 5:37 | |
| 20 | Sat | 2:25 | 0.3 | 2:56 | 0.3 | 9:13 | 0.0 | 9:10 | 0.0 | 6:42 | 5:38 | |
| 21 | Sun | 3:16 | 0.4 | 3:53 | 0.3 | 10:15 | 0.0 | 10:06 | 0.0 | 6:40 | 5:39 | |
| 22 | Mon | 4:15 | 0.4 | 4:55 | 0.3 | 11:36 | 0.0 | 11:25 | 0.0 | 6:39 | 5:40 | |
| 23 | Tue | 5:19 | 0.4 | 6:04 | 0.3 | | | 12:51 | 0.0 | 6:38 | 5:41 | |
| 24 | Wed | 6:30 | 0.4 | 7:17 | 0.3 | 12:45 | 0.0 | 1:55 | 0.0 | 6:36 | 5:42 | |
| 25 | Thu | 7:43 | 0.4 | 8:23 | 0.3 | 1:54 | 0.0 | 2:51 | 0.0 | 6:35 | 5:43 | |
| 26 | Fri | 8:46 | 0.4 | 9:21 | 0.4 | 2:55 | 0.0 | 3:43 | -0.1 | 6:33 | 5:45 | |
| 27 | Sat | 9:41 | 0.4 | 10:12 | 0.4 | 3:53 | -0.1 | 4:34 | -0.1 | 6:32 | 5:46 | |
| 28 | Sun | 10:31 | 0.5 | 11:01 | 0.4 | 4:48 | -0.1 | 5:23 | -0.1 | 6:30 | 5:47 | |