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# Lanoka Harbor, NJ - May 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 1:32 | 0.5 | 2:03 | 0.4 | 8:26 | 0.0 | 8:28 | 0.0 | 5:56 | 7:50 | |
| 2 | Sun | 2:19 | 0.4 | 2:55 | 0.3 | 9:09 | 0.0 | 9:10 | 0.1 | 5:55 | 7:51 | |
| 3 | Mon | 3:09 | 0.4 | 3:48 | 0.3 | 9:53 | 0.0 | 9:55 | 0.1 | 5:54 | 7:52 | |
| 4 | Tue | 4:00 | 0.4 | 4:41 | 0.3 | 10:41 | 0.1 | 10:48 | 0.1 | 5:52 | 7:53 | |
| 5 | Wed | 4:51 | 0.4 | 5:31 | 0.3 | 11:35 | 0.1 | 11:52 | 0.1 | 5:51 | 7:54 | |
| 6 | Thu | 5:41 | 0.3 | 6:19 | 0.3 | | | 12:32 | 0.1 | 5:50 | 7:55 | |
| 7 | Fri | 6:31 | 0.3 | 7:09 | 0.3 | 12:58 | 0.1 | 1:25 | 0.1 | 5:49 | 7:56 | |
| 8 | Sat | 7:23 | 0.3 | 8:00 | 0.4 | 1:58 | 0.1 | 2:14 | 0.1 | 5:48 | 7:57 | |
| 9 | Sun | 8:18 | 0.3 | 8:50 | 0.4 | 2:50 | 0.1 | 2:58 | 0.1 | 5:47 | 7:58 | |
| 10 | Mon | 9:11 | 0.3 | 9:35 | 0.4 | 3:38 | 0.1 | 3:40 | 0.0 | 5:46 | 7:59 | |
| 11 | Tue | 9:59 | 0.4 | 10:16 | 0.4 | 4:24 | 0.0 | 4:22 | 0.0 | 5:45 | 8:00 | |
| 12 | Wed | 10:42 | 0.4 | 10:53 | 0.4 | 5:09 | 0.0 | 5:03 | 0.0 | 5:44 | 8:01 | |
| 13 | Thu | 11:23 | 0.4 | 11:31 | 0.5 | 5:55 | 0.0 | 5:47 | 0.0 | 5:43 | 8:02 | |
| 14 | Fri | | | 12:05 | 0.4 | 6:40 | 0.0 | 6:31 | 0.0 | 5:42 | 8:03 | |
| 15 | Sat | 12:10 | 0.5 | 12:49 | 0.4 | 7:25 | 0.0 | 7:16 | 0.0 | 5:41 | 8:04 | |
| 16 | Sun | 12:53 | 0.5 | 1:37 | 0.4 | 8:10 | 0.0 | 8:01 | 0.0 | 5:40 | 8:05 | |
| 17 | Mon | 1:41 | 0.5 | 2:30 | 0.4 | 8:55 | 0.0 | 8:49 | 0.0 | 5:39 | 8:06 | |
| 18 | Tue | 2:35 | 0.4 | 3:29 | 0.4 | 9:43 | 0.0 | 9:41 | 0.0 | 5:38 | 8:07 | |
| 19 | Wed | 3:35 | 0.4 | 4:28 | 0.4 | 10:36 | 0.0 | 10:43 | 0.0 | 5:37 | 8:08 | |
| 20 | Thu | 4:36 | 0.4 | 5:26 | 0.4 | 11:36 | 0.0 | 11:54 | 0.1 | 5:37 | 8:09 | |
| 21 | Fri | 5:35 | 0.4 | 6:22 | 0.4 | | | 12:38 | 0.0 | 5:36 | 8:10 | |
| 22 | Sat | 6:34 | 0.4 | 7:20 | 0.4 | 1:06 | 0.1 | 1:37 | 0.0 | 5:35 | 8:10 | |
| 23 | Sun | 7:35 | 0.4 | 8:19 | 0.4 | 2:11 | 0.0 | 2:32 | 0.0 | 5:34 | 8:11 | |
| 24 | Mon | 8:38 | 0.4 | 9:15 | 0.5 | 3:10 | 0.0 | 3:23 | 0.0 | 5:34 | 8:12 | |
| 25 | Tue | 9:37 | 0.4 | 10:07 | 0.5 | 4:05 | 0.0 | 4:12 | 0.0 | 5:33 | 8:13 | |
| 26 | Wed | 10:30 | 0.4 | 10:54 | 0.5 | 4:57 | 0.0 | 5:01 | 0.0 | 5:33 | 8:14 | |
| 27 | Thu | 11:20 | 0.4 | 11:39 | 0.5 | 5:47 | 0.0 | 5:49 | 0.0 | 5:32 | 8:15 | |
| 28 | Fri | | | 12:07 | 0.4 | 6:36 | 0.0 | 6:37 | 0.0 | 5:31 | 8:15 | |
| 29 | Sat | 12:23 | 0.5 | 12:53 | 0.4 | 7:21 | 0.0 | 7:22 | 0.0 | 5:31 | 8:16 | |
| 30 | Sun | 1:07 | 0.4 | 1:40 | 0.4 | 8:04 | 0.0 | 8:04 | 0.1 | 5:30 | 8:17 | |
| 31 | Mon | 1:52 | 0.4 | 2:29 | 0.4 | 8:44 | 0.0 | 8:45 | 0.1 | 5:30 | 8:18 | |