
























## Lanoka Harbor, NJ - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:32	0.5	2:03	0.4	8:26	0.0	8:28	0.0	5:56	7:50	
2	Sun	2:19	0.4	2:55	0.3	9:09	0.0	9:10	0.1	5:55	7:51	
3	Mon	3:09	0.4	3:48	0.3	9:53	0.0	9:55	0.1	5:54	7:52	
4	Tue	4:00	0.4	4:41	0.3	10:41	0.1	10:48	0.1	5:52	7:53	
5	Wed	4:51	0.4	5:31	0.3	11:35	0.1	11:52	0.1	5:51	7:54	
6	Thu	5:41	0.3	6:19	0.3			12:32	0.1	5:50	7:55	
7	Fri	6:31	0.3	7:09	0.3	12:58	0.1	1:25	0.1	5:49	7:56	
8	Sat	7:23	0.3	8:00	0.4	1:58	0.1	2:14	0.1	5:48	7:57	
9	Sun	8:18	0.3	8:50	0.4	2:50	0.1	2:58	0.1	5:47	7:58	
10	Mon	9:11	0.3	9:35	0.4	3:38	0.1	3:40	0.0	5:46	7:59	
11	Tue	9:59	0.4	10:16	0.4	4:24	0.0	4:22	0.0	5:45	8:00	
12	Wed	10:42	0.4	10:53	0.4	5:09	0.0	5:03	0.0	5:44	8:01	
13	Thu	11:23	0.4	11:31	0.5	5:55	0.0	5:47	0.0	5:43	8:02	
14	Fri			12:05	0.4	6:40	0.0	6:31	0.0	5:42	8:03	
15	Sat	12:10	0.5	12:49	0.4	7:25	0.0	7:16	0.0	5:41	8:04	
16	Sun	12:53	0.5	1:37	0.4	8:10	0.0	8:01	0.0	5:40	8:05	
17	Mon	1:41	0.5	2:30	0.4	8:55	0.0	8:49	0.0	5:39	8:06	
18	Tue	2:35	0.4	3:29	0.4	9:43	0.0	9:41	0.0	5:38	8:07	
19	Wed	3:35	0.4	4:28	0.4	10:36	0.0	10:43	0.0	5:37	8:08	
20	Thu	4:36	0.4	5:26	0.4	11:36	0.0	11:54	0.1	5:37	8:09	
21	Fri	5:35	0.4	6:22	0.4			12:38	0.0	5:36	8:10	
22	Sat	6:34	0.4	7:20	0.4	1:06	0.1	1:37	0.0	5:35	8:10	
23	Sun	7:35	0.4	8:19	0.4	2:11	0.0	2:32	0.0	5:34	8:11	
24	Mon	8:38	0.4	9:15	0.5	3:10	0.0	3:23	0.0	5:34	8:12	
25	Tue	9:37	0.4	10:07	0.5	4:05	0.0	4:12	0.0	5:33	8:13	
26	Wed	10:30	0.4	10:54	0.5	4:57	0.0	5:01	0.0	5:33	8:14	
27	Thu	11:20	0.4	11:39	0.5	5:47	0.0	5:49	0.0	5:32	8:15	
28	Fri			12:07	0.4	6:36	0.0	6:37	0.0	5:31	8:15	
29	Sat	12:23	0.5	12:53	0.4	7:21	0.0	7:22	0.0	5:31	8:16	
30	Sun	1:07	0.4	1:40	0.4	8:04	0.0	8:04	0.1	5:30	8:17	
31	Mon	1:52	0.4	2:29	0.4	8:44	0.0	8:45	0.1	5:30	8:18	