US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:38	0.4	3:19	0.3	9:24	0.0	9:27	0.1	5:30	8:18	
2	Wed	3:25	0.4	4:08	0.3	10:05	0.0	10:13	0.1	5:29	8:19	
3	Thu	4:13	0.4	4:55	0.3	10:49	0.1	11:07	0.1	5:29	8:20	
4	Fri	5:00	0.4	5:39	0.3	11:37	0.1			5:28	8:20	
5	Sat	5:45	0.3	6:23	0.4	12:10	0.1	12:28	0.1	5:28	8:21	
6	Sun	6:32	0.3	7:09	0.4	1:13	0.1	1:19	0.1	5:28	8:22	
7	Mon	7:25	0.3	7:58	0.4	2:10	0.1	2:08	0.1	5:28	8:22	
8	Tue	8:22	0.3	8:48	0.4	3:02	0.1	2:55	0.1	5:28	8:23	
9	Wed	9:19	0.3	9:37	0.4	3:52	0.1	3:41	0.0	5:27	8:23	
10	Thu	10:10	0.3	10:22	0.5	4:40	0.0	4:28	0.0	5:27	8:24	
11	Fri	10:57	0.4	11:07	0.5	5:29	0.0	5:17	0.0	5:27	8:24	
12	Sat	11:44	0.4	11:52	0.5	6:19	0.0	6:08	0.0	5:27	8:25	
13	Sun			12:32	0.4	7:07	0.0	7:00	0.0	5:27	8:25	
14	Mon	12:40	0.5	1:24	0.4	7:54	0.0	7:50	0.0	5:27	8:26	
15	Tue	1:31	0.5	2:18	0.4	8:40	0.0	8:41	0.0	5:27	8:26	
16	Wed	2:26	0.5	3:16	0.4	9:27	0.0	9:34	0.0	5:27	8:27	
17	Thu	3:24	0.4	4:13	0.4	10:17	0.0	10:34	0.0	5:27	8:27	
18	Fri	4:22	0.4	5:09	0.4	11:12	0.0	11:40	0.0	5:27	8:27	
19	Sat	5:18	0.4	6:03	0.4			12:10	0.0	5:27	8:28	
20	Sun	6:14	0.4	6:57	0.4	12:49	0.1	1:09	0.0	5:28	8:28	
21	Mon	7:13	0.4	7:55	0.4	1:54	0.0	2:05	0.0	5:28	8:28	
22	Tue	8:15	0.4	8:52	0.4	2:53	0.0	2:59	0.0	5:28	8:28	
23	Wed	9:16	0.4	9:46	0.5	3:47	0.0	3:49	0.0	5:28	8:28	
24	Thu	10:12	0.4	10:35	0.5	4:39	0.0	4:38	0.0	5:29	8:29	
25	Fri	11:01	0.4	11:19	0.5	5:28	0.0	5:27	0.0	5:29	8:29	
26	Sat	11:47	0.4			6:15	0.0	6:14	0.0	5:29	8:29	
27	Sun	12:02	0.4	12:32	0.4	6:59	0.0	6:59	0.0	5:30	8:29	
28	Mon	12:44	0.4	1:16	0.4	7:40	0.0	7:41	0.1	5:30	8:29	
29	Tue	1:25	0.4	2:00	0.4	8:18	0.0	8:21	0.1	5:31	8:29	
30	Wed	2:07	0.4	2:44	0.4	8:53	0.0	9:00	0.1	5:31	8:29	