
































Lanoka Harbor, NJ - Nov 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:07	0.4	7:22	0.4	1:32	0.0	1:53	0.0	7:25	5:54	
2	Tue	8:08	0.4	8:27	0.4	2:29	0.0	2:55	0.0	7:26	5:53	
3	Wed	9:07	0.5	9:27	0.4	3:20	0.0	3:52	0.0	7:27	5:52	
4	Thu	10:00	0.5	10:21	0.4	4:10	0.0	4:45	0.0	7:28	5:51	
5	Fri	10:50	0.5	11:11	0.4	4:59	0.0	5:38	0.0	7:30	5:50	
6	Sat	11:37	0.5			5:48	0.0	6:30	0.0	7:31	5:49	
7	Sun	12:00	0.4	11:49	0.4	5:37	0.0	6:19	0.0	6:32	4:48	
8	Mon			12:11	0.5	6:24	0.0	7:06	0.0	6:33	4:47	
9	Tue	12:39	0.4	1:00	0.4	7:10	0.0	7:52	0.0	6:34	4:46	
10	Wed	1:32	0.4	1:51	0.4	7:54	0.0	8:38	0.0	6:35	4:45	
11	Thu	2:28	0.3	2:45	0.4	8:41	0.1	9:27	0.0	6:37	4:44	
12	Fri	3:23	0.3	3:38	0.4	9:33	0.1	10:20	0.1	6:38	4:43	
13	Sat	4:15	0.3	4:28	0.4	10:35	0.1	11:17	0.1	6:39	4:42	
14	Sun	5:05	0.3	5:18	0.3	11:41	0.1			6:40	4:41	
15	Mon	5:54	0.3	6:09	0.3	12:11	0.1	12:42	0.1	6:41	4:40	
16	Tue	6:45	0.4	7:02	0.3	12:59	0.1	1:35	0.1	6:42	4:40	
17	Wed	7:35	0.4	7:55	0.3	1:44	0.1	2:23	0.1	6:43	4:39	
18	Thu	8:21	0.4	8:43	0.3	2:26	0.0	3:08	0.0	6:44	4:38	
19	Fri	9:02	0.4	9:26	0.4	3:06	0.0	3:52	0.0	6:46	4:37	
20	Sat	9:40	0.4	10:07	0.4	3:47	0.0	4:36	0.0	6:47	4:37	
21	Sun	10:16	0.4	10:47	0.4	4:28	0.0	5:21	0.0	6:48	4:36	
22	Mon	10:52	0.4	11:27	0.4	5:11	0.0	6:05	0.0	6:49	4:36	
23	Tue	11:31	0.4			5:54	0.0	6:48	0.0	6:50	4:35	
24	Wed	12:10	0.4	12:14	0.4	6:38	0.0	7:31	0.0	6:51	4:35	
25	Thu	12:59	0.3	1:03	0.4	7:22	0.0	8:15	0.0	6:52	4:34	
26	Fri	1:54	0.3	1:59	0.4	8:10	0.0	9:04	0.0	6:53	4:34	
27	Sat	2:53	0.4	3:00	0.4	9:05	0.0	10:00	0.0	6:54	4:33	
28	Sun	3:52	0.4	4:01	0.4	10:13	0.0	11:01	0.0	6:55	4:33	
29	Mon	4:49	0.4	5:00	0.4	11:27	0.0			6:56	4:33	
30	Tue	5:46	0.4	6:00	0.4	12:03	0.0	12:37	0.0	6:57	4:32	