US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Dec 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:46	0.4	7:04	0.4	1:01	0.0	1:40	0.0	6:58	4:32	
2	Thu	7:45	0.4	8:06	0.4	1:55	0.0	2:37	0.0	6:59	4:32	
3	Fri	8:41	0.5	9:03	0.4	2:46	0.0	3:30	0.0	7:00	4:32	
4	Sat	9:31	0.5	9:55	0.4	3:37	0.0	4:22	0.0	7:01	4:31	
5	Sun	10:19	0.5	10:43	0.4	4:26	0.0	5:13	0.0	7:02	4:31	
6	Mon	11:04	0.5	11:31	0.4	5:16	0.0	6:01	0.0	7:03	4:31	
7	Tue	11:49	0.4			6:03	0.0	6:46	0.0	7:04	4:31	
8	Wed	12:18	0.4	12:35	0.4	6:48	0.0	7:28	0.0	7:05	4:31	
9	Thu	1:07	0.3	1:21	0.4	7:30	0.0	8:08	0.0	7:06	4:31	
10	Fri	1:57	0.3	2:09	0.4	8:12	0.0	8:49	0.0	7:07	4:31	
11	Sat	2:47	0.3	2:57	0.4	8:56	0.1	9:32	0.0	7:07	4:31	
12	Sun	3:36	0.3	3:45	0.3	9:48	0.1	10:19	0.0	7:08	4:32	
13	Mon	4:22	0.3	4:32	0.3	10:49	0.1	11:10	0.1	7:09	4:32	
14	Tue	5:07	0.3	5:20	0.3	11:54	0.1			7:10	4:32	
15	Wed	5:54	0.3	6:11	0.3	12:03	0.1	12:54	0.1	7:10	4:32	
16	Thu	6:44	0.3	7:08	0.3	12:54	0.0	1:48	0.1	7:11	4:33	
17	Fri	7:36	0.4	8:05	0.3	1:42	0.0	2:37	0.0	7:12	4:33	
18	Sat	8:25	0.4	8:56	0.3	2:29	0.0	3:24	0.0	7:12	4:33	
19	Sun	9:10	0.4	9:42	0.3	3:14	0.0	4:12	0.0	7:13	4:34	
20	Mon	9:52	0.4	10:26	0.3	4:01	0.0	4:59	0.0	7:13	4:34	
21	Tue	10:35	0.4	11:10	0.3	4:49	0.0	5:46	0.0	7:14	4:35	
22	Wed	11:18	0.4	11:56	0.4	5:37	0.0	6:31	0.0	7:14	4:35	
23	Thu			12:04	0.4	6:25	0.0	7:14	-0.1	7:15	4:36	
24	Fri	12:45	0.4	12:54	0.4	7:13	0.0	7:58	-0.1	7:15	4:36	
25	Sat	1:39	0.4	1:48	0.4	8:03	0.0	8:44	0.0	7:16	4:37	
26	Sun	2:36	0.4	2:45	0.4	8:57	0.0	9:35	0.0	7:16	4:37	
27	Mon	3:32	0.4	3:43	0.4	9:59	0.0	10:32	0.0	7:16	4:38	
28	Tue	4:28	0.4	4:41	0.4	11:09	0.0	11:33	0.0	7:17	4:39	
29	Wed	5:24	0.4	5:40	0.3			12:19	0.0	7:17	4:39	
30	Thu	6:23	0.4	6:43	0.3	12:34	0.0	1:23	0.0	7:17	4:40	
31	Fri	7:24	0.4	7:48	0.3	1:33	0.0	2:22	0.0	7:17	4:41	