US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:23	0.4	8:49	0.3	2:28	0.0	3:16	0.0	7:18	4:42	
2	Sun	9:16	0.4	9:41	0.3	3:20	0.0	4:07	0.0	7:18	4:43	
3	Mon	10:04	0.4	10:29	0.3	4:10	0.0	4:55	0.0	7:18	4:43	
4	Tue	10:48	0.4	11:14	0.3	4:59	0.0	5:41	0.0	7:18	4:44	
5	Wed	11:30	0.4	11:57	0.3	5:45	0.0	6:23	0.0	7:18	4:45	
6	Thu			12:12	0.4	6:28	0.0	7:02	0.0	7:18	4:46	
7	Fri	12:40	0.3	12:53	0.4	7:08	0.0	7:38	0.0	7:18	4:47	
8	Sat	1:23	0.3	1:35	0.4	7:47	0.0	8:12	0.0	7:17	4:48	
9	Sun	2:07	0.3	2:18	0.3	8:26	0.0	8:47	0.0	7:17	4:49	
10	Mon	2:51	0.3	3:02	0.3	9:08	0.0	9:24	0.0	7:17	4:50	
11	Tue	3:34	0.3	3:47	0.3	9:58	0.1	10:08	0.0	7:17	4:51	
12	Wed	4:17	0.3	4:33	0.3	11:00	0.1	11:00	0.0	7:17	4:52	
13	Thu	5:01	0.3	5:23	0.3			12:07	0.1	7:16	4:53	
14	Fri	5:50	0.3	6:21	0.3	12:00	0.0	1:08	0.1	7:16	4:54	
15	Sat	6:46	0.3	7:24	0.3	12:59	0.0	2:04	0.0	7:16	4:55	
16	Sun	7:46	0.4	8:24	0.3	1:54	0.0	2:55	0.0	7:15	4:56	
17	Mon	8:41	0.4	9:16	0.3	2:46	0.0	3:45	0.0	7:15	4:58	
18	Tue	9:30	0.4	10:03	0.3	3:37	0.0	4:33	0.0	7:14	4:59	
19	Wed	10:17	0.4	10:50	0.4	4:29	0.0	5:21	-0.1	7:14	5:00	
20	Thu	11:03	0.4	11:37	0.4	5:21	-0.1	6:07	-0.1	7:13	5:01	
21	Fri	11:50	0.4			6:12	-0.1	6:52	-0.1	7:13	5:02	
22	Sat	12:26	0.4	12:39	0.4	7:01	-0.1	7:35	-0.1	7:12	5:03	
23	Sun	1:17	0.4	1:32	0.4	7:51	-0.1	8:20	-0.1	7:11	5:04	
24	Mon	2:12	0.4	2:27	0.4	8:43	0.0	9:08	-0.1	7:11	5:06	
25	Tue	3:08	0.4	3:25	0.4	9:41	0.0	10:03	0.0	7:10	5:07	
26	Wed	4:05	0.4	4:23	0.3	10:48	0.0	11:06	0.0	7:09	5:08	
27	Thu	5:01	0.4	5:22	0.3	11:58	0.0			7:09	5:09	
28	Fri	6:00	0.4	6:25	0.3	12:11	0.0	1:05	0.0	7:08	5:10	
29	Sat	7:03	0.4	7:32	0.3	1:15	0.0	2:05	0.0	7:07	5:12	
30	Sun	8:05	0.4	8:34	0.3	2:12	0.0	2:59	0.0	7:06	5:13	
31	Mon	9:00	0.4	9:26	0.3	3:05	0.0	3:48	0.0	7:05	5:14	