US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:38	0.4	9:05	0.3	2:47	0.0	3:22	0.0	6:29	5:48	
2	Wed	9:25	0.4	9:48	0.3	3:35	0.0	4:04	0.0	6:28	5:49	
3	Thu	10:06	0.4	10:27	0.4	4:19	0.0	4:44	0.0	6:26	5:50	
4	Fri	10:44	0.4	11:04	0.4	5:02	0.0	5:22	0.0	6:25	5:51	
5	Sat	11:21	0.4	11:38	0.4	5:43	0.0	5:58	0.0	6:23	5:52	
6	Sun	11:56	0.4			6:21	0.0	6:32	0.0	6:22	5:53	
7	Mon	12:12	0.4	12:31	0.4	6:57	0.0	7:04	0.0	6:20	5:54	
8	Tue	12:43	0.4	1:06	0.3	7:32	0.0	7:34	0.0	6:19	5:55	
9	Wed	1:15	0.4	1:43	0.3	8:06	0.0	8:03	0.0	6:17	5:56	
10	Thu	1:49	0.4	2:25	0.3	8:42	0.0	8:35	0.0	6:16	5:57	
11	Fri	2:30	0.3	3:14	0.3	9:25	0.0	9:15	0.0	6:14	5:58	
12	Sat	3:21	0.3	4:08	0.3	10:28	0.1	10:15	0.1	6:12	5:59	
13	Sun	5:18	0.3	6:07	0.3			12:45	0.1	7:11	7:00	
14	Mon	6:21	0.4	7:12	0.3	12:37	0.1	1:54	0.0	7:09	7:02	
15	Tue	7:31	0.4	8:20	0.3	1:54	0.0	2:53	0.0	7:08	7:03	
16	Wed	8:40	0.4	9:22	0.4	2:59	0.0	3:45	0.0	7:06	7:04	
17	Thu	9:42	0.4	10:16	0.4	3:57	0.0	4:35	0.0	7:04	7:05	
18	Fri	10:35	0.4	11:06	0.4	4:52	-0.1	5:25	-0.1	7:03	7:06	
19	Sat	11:25	0.4	11:54	0.5	5:47	-0.1	6:13	-0.1	7:01	7:07	
20	Sun			12:15	0.4	6:40	-0.1	7:01	-0.1	7:00	7:08	
21	Mon	12:43	0.5	1:05	0.4	7:31	-0.1	7:48	-0.1	6:58	7:09	
22	Tue	1:33	0.5	1:57	0.4	8:21	-0.1	8:35	-0.1	6:56	7:10	
23	Wed	2:25	0.5	2:53	0.4	9:11	-0.1	9:22	0.0	6:55	7:11	
24	Thu	3:21	0.4	3:51	0.4	10:04	0.0	10:15	0.0	6:53	7:12	
25	Fri	4:18	0.4	4:50	0.3	11:03	0.0	11:16	0.0	6:51	7:13	
26	Sat	5:15	0.4	5:48	0.3			12:09	0.0	6:50	7:14	
27	Sun	6:12	0.4	6:46	0.3	12:25	0.1	1:15	0.0	6:48	7:15	
28	Mon	7:11	0.3	7:46	0.3	1:33	0.1	2:14	0.0	6:47	7:16	
29	Tue	8:11	0.3	8:45	0.3	2:33	0.1	3:04	0.0	6:45	7:17	
30	Wed	9:07	0.4	9:36	0.4	3:24	0.0	3:48	0.0	6:43	7:18	
31	Thu	9:55	0.4	10:19	0.4	4:11	0.0	4:29	0.0	6:42	7:19	