US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:28	0.3	5:09	0.3	11:41	0.1	11:32	0.1	6:28	5:48	
2	Fri	5:21	0.3	6:07	0.3			12:46	0.1	6:27	5:50	
3	Sat	6:21	0.3	7:09	0.3	12:42	0.1	1:43	0.0	6:25	5:51	
4	Sun	7:25	0.3	8:08	0.3	1:42	0.0	2:34	0.0	6:24	5:52	
5	Mon	8:23	0.4	8:59	0.3	2:36	0.0	3:20	0.0	6:22	5:53	
6	Tue	9:13	0.4	9:44	0.4	3:27	0.0	4:06	0.0	6:21	5:54	
7	Wed	9:59	0.4	10:28	0.4	4:18	0.0	4:51	-0.1	6:19	5:55	
8	Thu	10:44	0.4	11:12	0.4	5:08	-0.1	5:36	-0.1	6:17	5:56	
9	Fri	11:29	0.4	11:58	0.5	5:58	-0.1	6:20	-0.1	6:16	5:57	
10	Sat			12:17	0.4	6:46	-0.1	7:04	-0.1	6:14	5:58	
11	Sun	12:46	0.5	2:09	0.4	8:35	-0.1	8:49	-0.1	7:13	6:59	
12	Mon	2:39	0.4	3:05	0.4	9:25	-0.1	9:37	0.0	7:11	7:00	
13	Tue	3:37	0.4	4:05	0.4	10:21	0.0	10:33	0.0	7:10	7:01	
14	Wed	4:36	0.4	5:07	0.3	11:25	0.0	11:40	0.0	7:08	7:02	
15	Thu	5:37	0.4	6:08	0.3			12:35	0.0	7:06	7:03	
16	Fri	6:38	0.4	7:11	0.3	12:53	0.0	1:43	0.0	7:05	7:04	
17	Sat	7:41	0.4	8:17	0.3	2:01	0.0	2:43	0.0	7:03	7:05	
18	Sun	8:45	0.4	9:17	0.4	3:02	0.0	3:35	0.0	7:02	7:06	
19	Mon	9:41	0.4	10:08	0.4	3:55	0.0	4:22	0.0	7:00	7:07	
20	Tue	10:28	0.4	10:51	0.4	4:43	0.0	5:05	0.0	6:58	7:08	
21	Wed	11:10	0.4	11:31	0.4	5:29	0.0	5:46	0.0	6:57	7:10	
22	Thu	11:50	0.4			6:12	0.0	6:25	0.0	6:55	7:11	
23	Fri	12:08	0.4	12:29	0.4	6:54	0.0	7:02	0.0	6:53	7:12	
24	Sat	12:44	0.4	1:07	0.4	7:33	0.0	7:37	0.0	6:52	7:13	
25	Sun	1:19	0.4	1:45	0.4	8:09	0.0	8:10	0.0	6:50	7:14	
26	Mon	1:53	0.4	2:25	0.3	8:45	0.0	8:42	0.0	6:49	7:15	
27	Tue	2:28	0.4	3:08	0.3	9:21	0.0	9:14	0.0	6:47	7:16	
28	Wed	3:06	0.4	3:54	0.3	10:00	0.0	9:50	0.1	6:45	7:17	
29	Thu	3:50	0.3	4:44	0.3	10:48	0.1	10:37	0.1	6:44	7:18	
30	Fri	4:41	0.3	5:35	0.3	11:51	0.1	11:45	0.1	6:42	7:19	
31	Sat	5:35	0.3	6:29	0.3			1:00	0.1	6:41	7:20	