

































Lanoka Harbor, NJ - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:11	0.3	1:05	0.4	7:34	0.0	8:09	0.0	7:18	4:42	
2	Wed	1:53	0.3	1:48	0.4	8:13	0.0	8:45	0.0	7:18	4:43	
3	Thu	2:40	0.3	2:38	0.3	8:58	0.0	9:27	0.0	7:18	4:44	
4	Fri	3:31	0.3	3:35	0.3	9:56	0.0	10:21	0.0	7:18	4:45	
5	Sat	4:24	0.4	4:34	0.3	11:09	0.0	11:27	0.0	7:18	4:46	
6	Sun	5:20	0.4	5:37	0.3			12:23	0.0	7:18	4:47	
7	Mon	6:23	0.4	6:46	0.3	12:35	0.0	1:30	0.0	7:18	4:48	
8	Tue	7:29	0.4	7:56	0.3	1:39	0.0	2:31	0.0	7:17	4:49	
9	Wed	8:32	0.4	8:59	0.4	2:38	0.0	3:27	-0.1	7:17	4:50	
10	Thu	9:29	0.5	9:56	0.4	3:35	-0.1	4:22	-0.1	7:17	4:51	
11	Fri	10:21	0.5	10:49	0.4	4:31	-0.1	5:15	-0.1	7:17	4:52	
12	Sat	11:12	0.5	11:41	0.4	5:26	-0.1	6:06	-0.1	7:17	4:53	
13	Sun			12:02	0.5	6:18	-0.1	6:53	-0.1	7:16	4:54	
14	Mon	12:32	0.4	12:52	0.4	7:08	-0.1	7:38	-0.1	7:16	4:55	
15	Tue	1:24	0.4	1:42	0.4	7:56	0.0	8:22	-0.1	7:15	4:56	
16	Wed	2:16	0.4	2:34	0.4	8:44	0.0	9:07	0.0	7:15	4:57	
17	Thu	3:07	0.4	3:25	0.3	9:36	0.0	9:54	0.0	7:15	4:58	
18	Fri	3:57	0.4	4:15	0.3	10:33	0.0	10:45	0.0	7:14	4:59	
19	Sat	4:45	0.3	5:04	0.3	11:36	0.0	11:40	0.0	7:14	5:00	
20	Sun	5:34	0.3	5:57	0.3			12:37	0.0	7:13	5:02	
21	Mon	6:26	0.3	6:54	0.3	12:36	0.0	1:33	0.0	7:12	5:03	
22	Tue	7:22	0.3	7:53	0.3	1:28	0.0	2:23	0.0	7:12	5:04	
23	Wed	8:16	0.3	8:45	0.3	2:18	0.0	3:10	0.0	7:11	5:05	
24	Thu	9:04	0.4	9:32	0.3	3:04	0.0	3:54	0.0	7:10	5:06	
25	Fri	9:45	0.4	10:13	0.3	3:50	0.0	4:37	0.0	7:10	5:07	
26	Sat	10:23	0.4	10:52	0.3	4:34	0.0	5:19	0.0	7:09	5:09	
27	Sun	10:59	0.4	11:29	0.3	5:17	0.0	5:58	0.0	7:08	5:10	
28	Mon	11:34	0.4			5:59	0.0	6:35	0.0	7:07	5:11	
29	Tue	12:06	0.3	12:09	0.4	6:39	0.0	7:10	0.0	7:07	5:12	
30	Wed	12:43	0.4	12:46	0.4	7:18	0.0	7:44	0.0	7:06	5:13	
31	Thu	1:24	0.4	1:29	0.4	7:58	0.0	8:19	0.0	7:05	5:15	