

































## Lanoka Harbor, NJ - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:17	0.4	6:52	0.4	12:52	0.1	1:01	0.0	5:32	8:29	
2	Tue	7:10	0.4	7:44	0.4	1:52	0.1	1:53	0.0	5:32	8:28	
3	Wed	8:07	0.3	8:37	0.4	2:47	0.1	2:42	0.1	5:33	8:28	
4	Thu	9:03	0.3	9:27	0.4	3:36	0.1	3:28	0.1	5:33	8:28	
5	Fri	9:54	0.3	10:12	0.4	4:22	0.0	4:13	0.1	5:34	8:28	
6	Sat	10:41	0.4	10:54	0.4	5:06	0.0	4:57	0.0	5:34	8:28	
7	Sun	11:24	0.4	11:32	0.4	5:49	0.0	5:41	0.0	5:35	8:27	
8	Mon			12:05	0.4	6:32	0.0	6:25	0.0	5:36	8:27	
9	Tue	12:09	0.4	12:45	0.4	7:11	0.0	7:07	0.0	5:36	8:27	
10	Wed	12:44	0.4	1:24	0.4	7:49	0.0	7:46	0.1	5:37	8:26	
11	Thu	1:18	0.4	2:03	0.4	8:23	0.0	8:24	0.1	5:38	8:26	
12	Fri	1:53	0.4	2:43	0.4	8:56	0.0	9:01	0.1	5:38	8:25	
13	Sat	2:31	0.4	3:25	0.4	9:29	0.0	9:42	0.1	5:39	8:25	
14	Sun	3:16	0.4	4:10	0.4	10:05	0.0	10:31	0.1	5:40	8:24	
15	Mon	4:07	0.4	4:58	0.4	10:49	0.0	11:35	0.1	5:41	8:24	
16	Tue	5:03	0.4	5:50	0.4	11:46	0.0			5:41	8:23	
17	Wed	6:01	0.4	6:46	0.4	12:48	0.1	12:53	0.0	5:42	8:22	
18	Thu	7:06	0.4	7:50	0.4	1:56	0.1	2:00	0.0	5:43	8:22	
19	Fri	8:17	0.4	8:55	0.5	2:59	0.0	3:02	0.0	5:44	8:21	
20	Sat	9:25	0.4	9:56	0.5	3:57	0.0	4:01	0.0	5:45	8:20	
21	Sun	10:25	0.4	10:51	0.5	4:52	0.0	4:59	0.0	5:45	8:20	
22	Mon	11:21	0.4	11:43	0.5	5:47	0.0	5:57	0.0	5:46	8:19	
23	Tue			12:14	0.4	6:39	-0.1	6:52	0.0	5:47	8:18	
24	Wed	12:35	0.5	1:07	0.5	7:29	-0.1	7:45	0.0	5:48	8:17	
25	Thu	1:26	0.5	2:00	0.5	8:16	-0.1	8:35	0.0	5:49	8:16	
26	Fri	2:19	0.5	2:54	0.4	9:02	0.0	9:25	0.0	5:50	8:16	
27	Sat	3:12	0.4	3:47	0.4	9:47	0.0	10:18	0.0	5:51	8:15	
28	Sun	4:05	0.4	4:39	0.4	10:34	0.0	11:15	0.1	5:52	8:14	
29	Mon	4:56	0.4	5:28	0.4	11:25	0.0			5:52	8:13	
30	Tue	5:47	0.4	6:16	0.4	12:17	0.1	12:20	0.1	5:53	8:12	
31	Wed	6:38	0.3	7:07	0.4	1:18	0.1	1:15	0.1	5:54	8:11	