US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:53	0.5	11:19	0.4	5:12	-0.1	5:40	-0.1	6:29	5:48	
2	Sun	11:42	0.5			6:04	-0.1	6:26	-0.1	6:27	5:49	
3	Mon	12:07	0.4	12:31	0.4	6:52	-0.1	7:11	-0.1	6:26	5:50	
4	Tue	12:56	0.4	1:20	0.4	7:39	-0.1	7:54	-0.1	6:24	5:51	
5	Wed	1:45	0.4	2:12	0.4	8:26	0.0	8:37	0.0	6:23	5:52	
6	Thu	2:36	0.4	3:04	0.3	9:15	0.0	9:22	0.0	6:21	5:53	
7	Fri	3:27	0.4	3:56	0.3	10:10	0.0	10:15	0.0	6:20	5:54	
8	Sat	4:17	0.3	4:49	0.3	11:12	0.0	11:15	0.1	6:18	5:55	
9	Sun	6:09	0.3	6:42	0.3			1:15	0.1	7:17	6:57	
10	Mon	7:03	0.3	7:40	0.3	1:18	0.1	2:13	0.0	7:15	6:58	
11	Tue	8:02	0.3	8:38	0.3	2:16	0.1	3:04	0.0	7:14	6:59	
12	Wed	8:59	0.3	9:31	0.3	3:08	0.0	3:50	0.0	7:12	7:00	
13	Thu	9:49	0.3	10:17	0.3	3:56	0.0	4:32	0.0	7:10	7:01	
14	Fri	10:31	0.4	10:57	0.4	4:41	0.0	5:13	0.0	7:09	7:02	
15	Sat	11:10	0.4	11:34	0.4	5:25	0.0	5:53	0.0	7:07	7:03	
16	Sun	11:46	0.4			6:08	0.0	6:31	0.0	7:06	7:04	
17	Mon	12:09	0.4	12:21	0.4	6:49	0.0	7:08	0.0	7:04	7:05	
18	Tue	12:43	0.4	12:55	0.4	7:29	0.0	7:43	0.0	7:02	7:06	
19	Wed	1:17	0.4	1:32	0.4	8:08	0.0	8:17	0.0	7:01	7:07	
20	Thu	1:55	0.4	2:14	0.4	8:47	0.0	8:52	0.0	6:59	7:08	
21	Fri	2:39	0.4	3:04	0.3	9:30	0.0	9:32	0.0	6:57	7:09	
22	Sat	3:31	0.4	4:02	0.3	10:21	0.0	10:23	0.0	6:56	7:10	
23	Sun	4:31	0.4	5:04	0.3	11:26	0.0	11:34	0.0	6:54	7:11	
24	Mon	5:33	0.4	6:07	0.3			12:39	0.0	6:53	7:12	
25	Tue	6:37	0.4	7:14	0.3	12:55	0.0	1:47	0.0	6:51	7:13	
26	Wed	7:45	0.4	8:22	0.4	2:07	0.0	2:48	0.0	6:49	7:14	
27	Thu	8:52	0.4	9:25	0.4	3:11	0.0	3:44	0.0	6:48	7:15	
28	Fri	9:52	0.4	10:20	0.4	4:08	0.0	4:35	-0.1	6:46	7:16	
29	Sat	10:44	0.4	11:10	0.5	5:03	-0.1	5:25	-0.1	6:45	7:17	
30	Sun	11:33	0.4	11:56	0.5	5:55	-0.1	6:13	-0.1	6:43	7:18	
31	Mon			12:21	0.4	6:45	-0.1	6:59	-0.1	6:41	7:19	