

































Lanoka Harbor, NJ - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:02	0.3	4:06	0.3	10:17	0.1	10:50	0.0	7:17	4:42	
2	Sat	4:48	0.3	4:53	0.3	11:18	0.1	11:43	0.0	7:18	4:42	
3	Sun	5:35	0.3	5:43	0.3			12:20	0.1	7:18	4:43	
4	Mon	6:25	0.3	6:38	0.3	12:36	0.0	1:17	0.1	7:18	4:44	
5	Tue	7:18	0.3	7:36	0.3	1:27	0.0	2:09	0.0	7:18	4:45	
6	Wed	8:09	0.4	8:30	0.3	2:14	0.0	2:57	0.0	7:18	4:46	
7	Thu	8:55	0.4	9:17	0.3	3:00	0.0	3:43	0.0	7:18	4:47	
8	Fri	9:38	0.4	10:01	0.3	3:45	0.0	4:30	0.0	7:18	4:48	
9	Sat	10:19	0.4	10:43	0.3	4:31	0.0	5:16	0.0	7:17	4:49	
10	Sun	11:00	0.4	11:25	0.4	5:17	0.0	6:00	-0.1	7:17	4:50	
11	Mon	11:42	0.4			6:03	0.0	6:44	-0.1	7:17	4:51	
12	Tue	12:10	0.4	12:28	0.4	6:49	0.0	7:26	-0.1	7:17	4:52	
13	Wed	12:58	0.4	1:17	0.4	7:35	0.0	8:10	-0.1	7:16	4:53	
14	Thu	1:51	0.4	2:12	0.4	8:24	0.0	8:56	-0.1	7:16	4:54	
15	Fri	2:48	0.4	3:09	0.4	9:20	0.0	9:49	0.0	7:16	4:55	
16	Sat	3:45	0.4	4:07	0.4	10:26	0.0	10:49	0.0	7:15	4:56	
17	Sun	4:43	0.4	5:06	0.3	11:37	0.0	11:54	0.0	7:15	4:57	
18	Mon	5:41	0.4	6:07	0.3			12:47	0.0	7:14	4:58	
19	Tue	6:43	0.4	7:13	0.3	12:56	0.0	1:50	0.0	7:14	5:00	
20	Wed	7:47	0.4	8:17	0.3	1:55	0.0	2:47	0.0	7:13	5:01	
21	Thu	8:45	0.4	9:13	0.4	2:50	0.0	3:40	0.0	7:13	5:02	
22	Fri	9:36	0.4	10:04	0.4	3:41	0.0	4:30	-0.1	7:12	5:03	
23	Sat	10:23	0.4	10:50	0.4	4:31	0.0	5:18	-0.1	7:12	5:04	
24	Sun	11:06	0.4	11:35	0.4	5:19	0.0	6:02	-0.1	7:11	5:05	
25	Mon	11:48	0.4			6:05	0.0	6:43	-0.1	7:10	5:06	
26	Tue	12:19	0.4	12:30	0.4	6:47	0.0	7:21	0.0	7:09	5:08	
27	Wed	1:02	0.4	1:11	0.4	7:26	0.0	7:57	0.0	7:09	5:09	
28	Thu	1:47	0.3	1:53	0.3	8:05	0.0	8:32	0.0	7:08	5:10	
29	Fri	2:31	0.3	2:37	0.3	8:45	0.0	9:09	0.0	7:07	5:11	
30	Sat	3:16	0.3	3:22	0.3	9:30	0.0	9:50	0.0	7:06	5:12	
31	Sun	4:01	0.3	4:08	0.3	10:24	0.1	10:40	0.0	7:05	5:14	