

































## Lanoka Harbor, NJ - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:56	0.4	9:26	0.5	3:30	0.0	3:33	0.0	5:32	8:28	
2	Sat	9:57	0.4	10:22	0.5	4:26	0.0	4:27	0.0	5:32	8:28	
3	Sun	10:52	0.4	11:13	0.5	5:20	0.0	5:21	0.0	5:33	8:28	
4	Mon	11:45	0.4			6:13	0.0	6:14	0.0	5:33	8:28	
5	Tue	12:02	0.5	12:36	0.4	7:04	0.0	7:06	0.0	5:34	8:28	
6	Wed	12:50	0.5	1:27	0.4	7:51	0.0	7:54	0.0	5:35	8:27	
7	Thu	1:39	0.5	2:18	0.4	8:35	0.0	8:39	0.0	5:35	8:27	
8	Fri	2:27	0.4	3:09	0.4	9:17	0.0	9:24	0.0	5:36	8:27	
9	Sat	3:16	0.4	3:59	0.4	9:59	0.0	10:11	0.1	5:36	8:26	
10	Sun	4:05	0.4	4:47	0.4	10:44	0.0	11:04	0.1	5:37	8:26	
11	Mon	4:53	0.4	5:33	0.4	11:32	0.1			5:38	8:26	
12	Tue	5:39	0.3	6:18	0.4	12:02	0.1	12:23	0.1	5:39	8:25	
13	Wed	6:26	0.3	7:06	0.4	1:02	0.1	1:14	0.1	5:39	8:25	
14	Thu	7:18	0.3	7:56	0.4	1:59	0.1	2:05	0.1	5:40	8:24	
15	Fri	8:15	0.3	8:48	0.4	2:51	0.1	2:53	0.1	5:41	8:24	
16	Sat	9:11	0.3	9:37	0.4	3:39	0.1	3:40	0.1	5:42	8:23	
17	Sun	10:01	0.3	10:21	0.4	4:26	0.0	4:26	0.1	5:42	8:22	
18	Mon	10:46	0.4	11:02	0.4	5:12	0.0	5:11	0.0	5:43	8:22	
19	Tue	11:28	0.4	11:42	0.5	5:58	0.0	5:58	0.0	5:44	8:21	
20	Wed			12:10	0.4	6:42	0.0	6:44	0.0	5:45	8:20	
21	Thu	12:22	0.5	12:52	0.4	7:25	0.0	7:29	0.0	5:46	8:19	
22	Fri	1:05	0.5	1:37	0.4	8:06	0.0	8:14	0.0	5:47	8:19	
23	Sat	1:51	0.5	2:26	0.4	8:47	0.0	9:00	0.0	5:47	8:18	
24	Sun	2:41	0.4	3:19	0.4	9:29	0.0	9:51	0.0	5:48	8:17	
25	Mon	3:37	0.4	4:14	0.4	10:17	0.0	10:51	0.0	5:49	8:16	
26	Tue	4:34	0.4	5:10	0.4	11:11	0.0			5:50	8:15	
27	Wed	5:32	0.4	6:06	0.4	12:00	0.1	12:13	0.0	5:51	8:14	
28	Thu	6:31	0.4	7:05	0.4	1:10	0.1	1:17	0.0	5:52	8:13	
29	Fri	7:34	0.4	8:08	0.5	2:15	0.0	2:19	0.0	5:53	8:12	
30	Sat	8:41	0.4	9:10	0.5	3:15	0.0	3:17	0.0	5:54	8:11	
31	Sun	9:42	0.4	10:07	0.5	4:10	0.0	4:12	0.0	5:55	8:10	