

































Lanoka Harbor, NJ - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:13	0.3	7:44	0.3	1:27	0.0	2:11	0.0	6:29	5:48	
2	Sat	8:11	0.3	8:39	0.3	2:19	0.0	2:59	0.0	6:28	5:49	
3	Sun	9:00	0.4	9:26	0.3	3:07	0.0	3:43	0.0	6:26	5:50	
4	Mon	9:44	0.4	10:07	0.3	3:52	0.0	4:24	0.0	6:25	5:51	
5	Tue	10:23	0.4	10:44	0.4	4:35	0.0	5:04	0.0	6:23	5:52	
6	Wed	11:00	0.4	11:20	0.4	5:17	0.0	5:43	0.0	6:22	5:53	
7	Thu	11:35	0.4	11:53	0.4	5:57	0.0	6:18	0.0	6:20	5:54	
8	Fri			12:09	0.4	6:35	0.0	6:52	0.0	6:19	5:55	
9	Sat	12:25	0.4	12:43	0.4	7:11	0.0	7:23	0.0	6:17	5:56	
10	Sun	12:56	0.4	2:18	0.3	8:45	0.0	8:53	0.0	7:15	6:57	
11	Mon	2:31	0.4	2:59	0.3	9:21	0.0	9:25	0.0	7:14	6:58	
12	Tue	3:13	0.4	3:48	0.3	10:03	0.0	10:04	0.0	7:12	6:59	
13	Wed	4:04	0.4	4:45	0.3	11:01	0.0	10:58	0.0	7:11	7:01	
14	Thu	5:02	0.4	5:46	0.3			12:18	0.0	7:09	7:02	
15	Fri	6:05	0.4	6:52	0.3	12:14	0.0	1:34	0.0	7:07	7:03	
16	Sat	7:15	0.4	8:03	0.3	1:34	0.0	2:39	0.0	7:06	7:04	
17	Sun	8:28	0.4	9:10	0.4	2:43	0.0	3:37	0.0	7:04	7:05	
18	Mon	9:33	0.4	10:09	0.4	3:45	0.0	4:31	0.0	7:03	7:06	
19	Tue	10:30	0.4	11:01	0.4	4:42	-0.1	5:22	-0.1	7:01	7:07	
20	Wed	11:22	0.5	11:51	0.5	5:38	-0.1	6:12	-0.1	6:59	7:08	
21	Thu			12:11	0.5	6:31	-0.1	7:00	-0.1	6:58	7:09	
22	Fri	12:40	0.5	1:00	0.4	7:22	-0.1	7:46	-0.1	6:56	7:10	
23	Sat	1:28	0.5	1:49	0.4	8:10	-0.1	8:30	-0.1	6:55	7:11	
24	Sun	2:17	0.4	2:40	0.4	8:57	-0.1	9:13	0.0	6:53	7:12	
25	Mon	3:08	0.4	3:33	0.4	9:45	0.0	9:58	0.0	6:51	7:13	
26	Tue	4:00	0.4	4:28	0.3	10:37	0.0	10:48	0.0	6:50	7:14	
27	Wed	4:52	0.4	5:21	0.3	11:36	0.0	11:48	0.1	6:48	7:15	
28	Thu	5:44	0.4	6:15	0.3			12:40	0.1	6:47	7:16	
29	Fri	6:37	0.3	7:12	0.3	12:53	0.1	1:42	0.1	6:45	7:17	
30	Sat	7:35	0.3	8:11	0.3	1:56	0.1	2:36	0.1	6:43	7:18	
31	Sun	8:34	0.3	9:08	0.3	2:51	0.1	3:24	0.0	6:42	7:19	