

































Lanoka Harbor, NJ - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:42	0.4	10:55	0.5	5:14	0.0	5:05	0.0	5:31	8:29	
2	Tue	11:31	0.4	11:42	0.5	6:04	0.0	5:57	0.0	5:32	8:28	
3	Wed			12:20	0.4	6:54	0.0	6:49	0.0	5:32	8:28	
4	Thu	12:31	0.5	1:12	0.4	7:43	0.0	7:41	0.0	5:33	8:28	
5	Fri	1:22	0.5	2:07	0.4	8:31	0.0	8:33	0.0	5:34	8:28	
6	Sat	2:18	0.5	3:05	0.4	9:18	0.0	9:26	0.0	5:34	8:28	
7	Sun	3:16	0.5	4:03	0.4	10:09	0.0	10:24	0.0	5:35	8:27	
8	Mon	4:14	0.4	5:00	0.4	11:04	0.0	11:29	0.0	5:35	8:27	
9	Tue	5:11	0.4	5:54	0.4			12:02	0.0	5:36	8:27	
10	Wed	6:07	0.4	6:49	0.4	12:37	0.0	1:01	0.0	5:37	8:26	
11	Thu	7:04	0.4	7:45	0.4	1:42	0.0	1:58	0.0	5:37	8:26	
12	Fri	8:05	0.4	8:43	0.4	2:42	0.0	2:51	0.0	5:38	8:25	
13	Sat	9:05	0.4	9:36	0.4	3:36	0.0	3:41	0.0	5:39	8:25	
14	Sun	10:01	0.4	10:24	0.5	4:27	0.0	4:29	0.0	5:40	8:24	
15	Mon	10:50	0.4	11:09	0.5	5:15	0.0	5:16	0.0	5:40	8:24	
16	Tue	11:35	0.4	11:51	0.5	6:02	0.0	6:02	0.0	5:41	8:23	
17	Wed			12:18	0.4	6:46	0.0	6:46	0.0	5:42	8:23	
18	Thu	12:31	0.4	1:01	0.4	7:26	0.0	7:28	0.1	5:43	8:22	
19	Fri	1:12	0.4	1:44	0.4	8:05	0.0	8:08	0.1	5:43	8:21	
20	Sat	1:52	0.4	2:27	0.4	8:41	0.0	8:46	0.1	5:44	8:21	
21	Sun	2:33	0.4	3:11	0.4	9:15	0.0	9:24	0.1	5:45	8:20	
22	Mon	3:15	0.4	3:54	0.4	9:51	0.0	10:06	0.1	5:46	8:19	
23	Tue	3:59	0.4	4:36	0.4	10:28	0.1	10:55	0.1	5:47	8:18	
24	Wed	4:43	0.4	5:17	0.4	11:11	0.1	11:57	0.1	5:48	8:18	
25	Thu	5:28	0.3	5:59	0.4			12:03	0.1	5:49	8:17	
26	Fri	6:18	0.3	6:47	0.4	1:04	0.1	1:00	0.1	5:49	8:16	
27	Sat	7:16	0.3	7:43	0.4	2:06	0.1	1:58	0.1	5:50	8:15	
28	Sun	8:20	0.3	8:44	0.4	3:03	0.1	2:54	0.0	5:51	8:14	
29	Mon	9:23	0.4	9:41	0.5	3:56	0.0	3:48	0.0	5:52	8:13	
30	Tue	10:19	0.4	10:34	0.5	4:49	0.0	4:43	0.0	5:53	8:12	
31	Wed	11:11	0.4	11:25	0.5	5:41	0.0	5:38	0.0	5:54	8:11	