
































Lanoka Harbor, NJ - Aug 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:02	0.4	6:33	0.0	6:34	0.0	5:55	8:10	
2	Fri	12:16	0.5	12:54	0.4	7:22	-0.1	7:27	0.0	5:56	8:09	
3	Sat	1:08	0.5	1:48	0.4	8:10	-0.1	8:20	0.0	5:57	8:08	
4	Sun	2:02	0.5	2:44	0.5	8:57	-0.1	9:12	0.0	5:58	8:07	
5	Mon	2:58	0.5	3:41	0.5	9:45	0.0	10:07	0.0	5:59	8:06	
6	Tue	3:55	0.4	4:37	0.4	10:37	0.0	11:08	0.0	5:59	8:05	
7	Wed	4:52	0.4	5:31	0.4	11:33	0.0			6:00	8:03	
8	Thu	5:47	0.4	6:24	0.4	12:15	0.1	12:33	0.0	6:01	8:02	
9	Fri	6:43	0.4	7:20	0.4	1:21	0.1	1:32	0.0	6:02	8:01	
10	Sat	7:43	0.4	8:18	0.4	2:21	0.1	2:28	0.1	6:03	8:00	
11	Sun	8:45	0.3	9:14	0.4	3:16	0.1	3:20	0.1	6:04	7:59	
12	Mon	9:41	0.4	10:03	0.4	4:06	0.0	4:08	0.1	6:05	7:57	
13	Tue	10:30	0.4	10:48	0.4	4:52	0.0	4:54	0.1	6:06	7:56	
14	Wed	11:13	0.4	11:29	0.4	5:36	0.0	5:39	0.0	6:07	7:55	
15	Thu	11:54	0.4			6:18	0.0	6:23	0.0	6:08	7:53	
16	Fri	12:07	0.4	12:33	0.4	6:57	0.0	7:05	0.0	6:09	7:52	
17	Sat	12:45	0.4	1:11	0.4	7:34	0.0	7:44	0.1	6:10	7:51	
18	Sun	1:22	0.4	1:49	0.4	8:08	0.0	8:21	0.1	6:11	7:49	
19	Mon	1:59	0.4	2:26	0.4	8:41	0.0	8:56	0.1	6:12	7:48	
20	Tue	2:36	0.4	3:04	0.4	9:12	0.0	9:33	0.1	6:13	7:46	
21	Wed	3:16	0.4	3:43	0.4	9:44	0.1	10:15	0.1	6:14	7:45	
22	Thu	4:01	0.4	4:26	0.4	10:20	0.1	11:10	0.1	6:15	7:43	
23	Fri	4:51	0.3	5:13	0.4	11:08	0.1			6:16	7:42	
24	Sat	5:44	0.3	6:06	0.4	12:22	0.1	12:12	0.1	6:16	7:41	
25	Sun	6:44	0.3	7:07	0.4	1:33	0.1	1:23	0.1	6:17	7:39	
26	Mon	7:51	0.3	8:14	0.4	2:35	0.1	2:28	0.1	6:18	7:38	
27	Tue	8:58	0.4	9:19	0.5	3:32	0.0	3:29	0.0	6:19	7:36	
28	Wed	9:58	0.4	10:16	0.5	4:25	0.0	4:26	0.0	6:20	7:35	
29	Thu	10:51	0.4	11:08	0.5	5:17	0.0	5:22	0.0	6:21	7:33	
30	Fri	11:42	0.5	11:59	0.5	6:08	0.0	6:18	0.0	6:22	7:31	
31	Sat			12:33	0.5	6:58	-0.1	7:12	0.0	6:23	7:30	