

































Lanoka Harbor, NJ - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:12	0.3	2:27	0.4	8:25	0.1	9:09	0.0	6:58	4:32	
2	Mon	3:06	0.3	3:18	0.4	9:13	0.1	10:00	0.0	6:59	4:32	
3	Tue	3:58	0.3	4:09	0.3	10:10	0.1	10:55	0.1	7:00	4:32	
4	Wed	4:47	0.3	4:58	0.3	11:16	0.1	11:50	0.1	7:01	4:31	
5	Thu	5:36	0.3	5:48	0.3			12:19	0.1	7:02	4:31	
6	Fri	6:26	0.3	6:40	0.3	12:41	0.0	1:15	0.1	7:03	4:31	
7	Sat	7:17	0.3	7:35	0.3	1:28	0.0	2:06	0.1	7:04	4:31	
8	Sun	8:05	0.4	8:25	0.3	2:11	0.0	2:52	0.0	7:05	4:31	
9	Mon	8:49	0.4	9:11	0.3	2:53	0.0	3:37	0.0	7:06	4:31	
10	Tue	9:28	0.4	9:54	0.3	3:35	0.0	4:22	0.0	7:06	4:31	
11	Wed	10:06	0.4	10:35	0.4	4:17	0.0	5:08	0.0	7:07	4:31	
12	Thu	10:43	0.4	11:16	0.4	5:00	0.0	5:53	0.0	7:08	4:32	
13	Fri	11:23	0.4			5:45	0.0	6:37	0.0	7:09	4:32	
14	Sat	12:00	0.4	12:06	0.4	6:29	0.0	7:21	0.0	7:10	4:32	
15	Sun	12:49	0.3	12:55	0.4	7:15	0.0	8:06	0.0	7:10	4:32	
16	Mon	1:44	0.3	1:51	0.4	8:03	0.0	8:55	0.0	7:11	4:32	
17	Tue	2:43	0.3	2:51	0.4	8:57	0.0	9:50	0.0	7:12	4:33	
18	Wed	3:42	0.4	3:52	0.4	10:02	0.0	10:52	0.0	7:12	4:33	
19	Thu	4:40	0.4	4:51	0.4	11:15	0.0	11:54	0.0	7:13	4:34	
20	Fri	5:37	0.4	5:51	0.4			12:26	0.0	7:13	4:34	
21	Sat	6:37	0.4	6:54	0.4	12:53	0.0	1:30	0.0	7:14	4:34	
22	Sun	7:37	0.4	7:57	0.4	1:48	0.0	2:27	0.0	7:14	4:35	
23	Mon	8:33	0.4	8:54	0.4	2:40	0.0	3:21	0.0	7:15	4:35	
24	Tue	9:24	0.4	9:46	0.4	3:29	0.0	4:12	0.0	7:15	4:36	
25	Wed	10:10	0.5	10:34	0.4	4:18	0.0	5:02	0.0	7:16	4:37	
26	Thu	10:55	0.4	11:20	0.4	5:06	0.0	5:50	-0.1	7:16	4:37	
27	Fri	11:39	0.4			5:52	0.0	6:34	0.0	7:16	4:38	
28	Sat	12:06	0.3	12:22	0.4	6:36	0.0	7:15	0.0	7:17	4:39	
29	Sun	12:52	0.3	1:06	0.4	7:17	0.0	7:55	0.0	7:17	4:39	
30	Mon	1:40	0.3	1:52	0.4	7:58	0.0	8:34	0.0	7:17	4:40	
31	Tue	2:29	0.3	2:39	0.3	8:39	0.0	9:14	0.0	7:17	4:41	