
































## Lanoka Harbor, NJ - Jun 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:32	0.4	8:19	0.4	2:09	0.0	2:34	0.0	5:29	8:19	
2	Tue	8:38	0.4	9:18	0.5	3:10	0.0	3:27	0.0	5:29	8:19	
3	Wed	9:39	0.4	10:11	0.5	4:07	0.0	4:18	0.0	5:29	8:20	
4	Thu	10:34	0.4	11:02	0.5	5:01	0.0	5:09	0.0	5:28	8:21	
5	Fri	11:27	0.4	11:50	0.5	5:55	0.0	6:01	0.0	5:28	8:21	
6	Sat			12:18	0.4	6:48	0.0	6:52	0.0	5:28	8:22	
7	Sun	12:38	0.5	1:10	0.4	7:37	0.0	7:41	0.0	5:28	8:23	
8	Mon	1:27	0.5	2:03	0.4	8:24	0.0	8:28	0.0	5:27	8:23	
9	Tue	2:18	0.4	2:57	0.4	9:10	0.0	9:14	0.1	5:27	8:24	
10	Wed	3:10	0.4	3:52	0.4	9:55	0.0	10:03	0.1	5:27	8:24	
11	Thu	4:02	0.4	4:44	0.4	10:44	0.0	10:58	0.1	5:27	8:25	
12	Fri	4:53	0.4	5:32	0.4	11:35	0.1	11:59	0.1	5:27	8:25	
13	Sat	5:41	0.4	6:19	0.4			12:28	0.1	5:27	8:26	
14	Sun	6:29	0.3	7:06	0.4	1:01	0.1	1:18	0.1	5:27	8:26	
15	Mon	7:19	0.3	7:56	0.4	1:58	0.1	2:05	0.1	5:27	8:26	
16	Tue	8:13	0.3	8:45	0.4	2:50	0.1	2:49	0.1	5:27	8:27	
17	Wed	9:07	0.3	9:31	0.4	3:37	0.1	3:32	0.1	5:27	8:27	
18	Thu	9:56	0.3	10:12	0.4	4:23	0.1	4:14	0.0	5:27	8:27	
19	Fri	10:41	0.4	10:51	0.4	5:08	0.0	4:57	0.0	5:28	8:28	
20	Sat	11:23	0.4	11:28	0.4	5:54	0.0	5:42	0.0	5:28	8:28	
21	Sun			12:05	0.4	6:39	0.0	6:26	0.0	5:28	8:28	
22	Mon	12:06	0.5	12:48	0.4	7:23	0.0	7:11	0.0	5:28	8:28	
23	Tue	12:47	0.5	1:33	0.4	8:05	0.0	7:56	0.0	5:29	8:28	
24	Wed	1:32	0.5	2:23	0.4	8:47	0.0	8:41	0.0	5:29	8:29	
25	Thu	2:22	0.4	3:17	0.4	9:31	0.0	9:30	0.0	5:29	8:29	
26	Fri	3:18	0.4	4:13	0.4	10:19	0.0	10:27	0.1	5:30	8:29	
27	Sat	4:16	0.4	5:07	0.4	11:13	0.0	11:34	0.1	5:30	8:29	
28	Sun	5:14	0.4	6:02	0.4			12:11	0.0	5:30	8:29	
29	Mon	6:11	0.4	6:58	0.4	12:45	0.1	1:11	0.0	5:31	8:29	
30	Tue	7:12	0.4	7:57	0.5	1:53	0.0	2:09	0.0	5:31	8:29	