

































Lanoka Harbor, NJ - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:30	0.5	9:58	0.4	3:34	0.0	4:28	-0.1	7:18	4:42	
2	Sun	10:23	0.5	10:52	0.4	4:30	-0.1	5:23	-0.1	7:18	4:43	
3	Mon	11:15	0.5	11:46	0.4	5:26	-0.1	6:16	-0.1	7:18	4:44	
4	Tue			12:08	0.5	6:21	-0.1	7:05	-0.1	7:18	4:45	
5	Wed	12:41	0.4	1:01	0.4	7:12	-0.1	7:53	-0.1	7:18	4:46	
6	Thu	1:37	0.4	1:55	0.4	8:02	0.0	8:40	-0.1	7:18	4:46	
7	Fri	2:33	0.4	2:49	0.4	8:54	0.0	9:28	0.0	7:18	4:47	
8	Sat	3:27	0.4	3:41	0.4	9:50	0.0	10:19	0.0	7:17	4:48	
9	Sun	4:18	0.3	4:31	0.3	10:52	0.0	11:12	0.0	7:17	4:49	
10	Mon	5:06	0.3	5:21	0.3	11:56	0.1			7:17	4:50	
11	Tue	5:55	0.3	6:13	0.3	12:05	0.0	12:56	0.0	7:17	4:51	
12	Wed	6:46	0.3	7:10	0.3	12:55	0.0	1:50	0.0	7:17	4:52	
13	Thu	7:39	0.3	8:07	0.3	1:43	0.0	2:39	0.0	7:16	4:54	
14	Fri	8:30	0.4	8:58	0.3	2:28	0.0	3:24	0.0	7:16	4:55	
15	Sat	9:15	0.4	9:43	0.3	3:13	0.0	4:09	0.0	7:16	4:56	
16	Sun	9:55	0.4	10:25	0.3	3:57	0.0	4:53	0.0	7:15	4:57	
17	Mon	10:33	0.4	11:05	0.3	4:41	0.0	5:35	0.0	7:15	4:58	
18	Tue	11:09	0.4	11:43	0.3	5:24	0.0	6:15	0.0	7:14	4:59	
19	Wed	11:44	0.4			6:06	0.0	6:52	0.0	7:14	5:00	
20	Thu	12:21	0.3	12:19	0.4	6:44	0.0	7:26	0.0	7:13	5:01	
21	Fri	12:59	0.3	12:56	0.4	7:22	0.0	8:00	0.0	7:13	5:02	
22	Sat	1:40	0.3	1:37	0.4	8:01	0.0	8:34	0.0	7:12	5:04	
23	Sun	2:25	0.3	2:26	0.3	8:44	0.0	9:12	0.0	7:11	5:05	
24	Mon	3:14	0.3	3:20	0.3	9:38	0.0	10:00	0.0	7:11	5:06	
25	Tue	4:07	0.4	4:18	0.3	10:49	0.0	11:02	0.0	7:10	5:07	
26	Wed	5:02	0.4	5:19	0.3			12:05	0.0	7:09	5:08	
27	Thu	6:04	0.4	6:28	0.3	12:12	0.0	1:16	0.0	7:08	5:09	
28	Fri	7:12	0.4	7:42	0.3	1:20	0.0	2:20	0.0	7:07	5:11	
29	Sat	8:19	0.4	8:49	0.3	2:22	0.0	3:18	0.0	7:07	5:12	
30	Sun	9:18	0.4	9:47	0.4	3:22	0.0	4:14	-0.1	7:06	5:13	
31	Mon	10:12	0.5	10:40	0.4	4:19	-0.1	5:07	-0.1	7:05	5:14	