

































Lanoka Harbor, NJ - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:58	0.4	10:25	0.4	4:08	0.0	4:46	-0.1	6:29	5:48	
2	Wed	10:46	0.4	11:11	0.4	5:01	-0.1	5:33	-0.1	6:27	5:49	
3	Thu	11:31	0.4	11:56	0.4	5:50	-0.1	6:17	-0.1	6:26	5:50	
4	Fri			12:15	0.4	6:36	-0.1	6:56	-0.1	6:24	5:51	
5	Sat	12:39	0.4	12:59	0.4	7:19	0.0	7:34	0.0	6:23	5:52	
6	Sun	1:22	0.4	1:43	0.4	8:00	0.0	8:09	0.0	6:21	5:53	
7	Mon	2:05	0.4	2:30	0.3	8:41	0.0	8:45	0.0	6:20	5:54	
8	Tue	2:50	0.4	3:18	0.3	9:26	0.0	9:23	0.0	6:18	5:56	
9	Wed	3:35	0.3	4:07	0.3	10:20	0.1	10:10	0.1	6:17	5:57	
10	Thu	4:22	0.3	4:58	0.3	11:25	0.1	11:13	0.1	6:15	5:58	
11	Fri	5:12	0.3	5:54	0.3			12:31	0.1	6:13	5:59	
12	Sat	6:09	0.3	6:56	0.3	12:22	0.1	1:30	0.1	6:12	6:00	
13	Sun	8:12	0.3	8:57	0.3	1:24	0.1	3:22	0.0	7:10	7:01	
14	Mon	9:11	0.3	9:49	0.3	3:18	0.1	4:08	0.0	7:09	7:02	
15	Tue	10:00	0.4	10:32	0.3	4:07	0.0	4:51	0.0	7:07	7:03	
16	Wed	10:42	0.4	11:11	0.4	4:54	0.0	5:32	0.0	7:05	7:04	
17	Thu	11:21	0.4	11:48	0.4	5:39	0.0	6:12	0.0	7:04	7:05	
18	Fri	11:58	0.4			6:24	0.0	6:51	0.0	7:02	7:06	
19	Sat	12:25	0.4	12:37	0.4	7:08	0.0	7:28	0.0	7:01	7:07	
20	Sun	1:03	0.4	1:18	0.4	7:51	0.0	8:05	0.0	6:59	7:08	
21	Mon	1:45	0.4	2:04	0.4	8:35	0.0	8:43	0.0	6:57	7:09	
22	Tue	2:32	0.4	2:56	0.4	9:21	0.0	9:25	0.0	6:56	7:10	
23	Wed	3:26	0.4	3:55	0.3	10:15	0.0	10:16	0.0	6:54	7:11	
24	Thu	4:25	0.4	4:58	0.3	11:20	0.0	11:23	0.0	6:53	7:12	
25	Fri	5:28	0.4	6:03	0.3			12:35	0.0	6:51	7:13	
26	Sat	6:33	0.4	7:11	0.3	12:44	0.0	1:47	0.0	6:49	7:14	
27	Sun	7:42	0.4	8:21	0.3	1:59	0.0	2:49	0.0	6:48	7:15	
28	Mon	8:50	0.4	9:25	0.4	3:04	0.0	3:44	0.0	6:46	7:16	
29	Tue	9:49	0.4	10:19	0.4	4:02	0.0	4:34	0.0	6:44	7:17	
30	Wed	10:39	0.4	11:05	0.4	4:54	0.0	5:20	0.0	6:43	7:18	
31	Thu	11:24	0.4	11:47	0.4	5:43	0.0	6:04	0.0	6:41	7:19	