
































Lanoka Harbor, NJ - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:26	0.4	5:49	0.4	11:57	0.1			7:25	5:54	
2	Wed	6:29	0.4	6:52	0.4	12:55	0.0	1:13	0.1	7:26	5:53	
3	Thu	7:32	0.4	7:54	0.4	1:57	0.0	2:20	0.1	7:27	5:52	
4	Fri	8:34	0.4	8:54	0.4	2:51	0.0	3:18	0.0	7:29	5:51	
5	Sat	9:29	0.4	9:48	0.4	3:39	0.0	4:10	0.0	7:30	5:50	
6	Sun	9:16	0.4	9:35	0.4	3:24	0.0	3:59	0.0	6:31	4:49	
7	Mon	9:59	0.5	10:18	0.4	4:07	0.0	4:46	0.0	6:32	4:48	
8	Tue	10:38	0.5	11:01	0.4	4:49	0.0	5:31	0.0	6:33	4:47	
9	Wed	11:16	0.5	11:42	0.4	5:29	0.0	6:14	0.0	6:34	4:46	
10	Thu	11:54	0.4			6:08	0.0	6:55	0.0	6:35	4:45	
11	Fri	12:25	0.4	12:32	0.4	6:46	0.0	7:34	0.0	6:37	4:44	
12	Sat	1:11	0.3	1:13	0.4	7:23	0.1	8:14	0.0	6:38	4:43	
13	Sun	2:00	0.3	1:58	0.4	8:00	0.1	8:56	0.1	6:39	4:42	
14	Mon	2:53	0.3	2:48	0.4	8:40	0.1	9:46	0.1	6:40	4:41	
15	Tue	3:46	0.3	3:40	0.3	9:30	0.1	10:44	0.1	6:41	4:40	
16	Wed	4:36	0.3	4:31	0.3	10:37	0.1	11:44	0.1	6:42	4:40	
17	Thu	5:26	0.3	5:21	0.3	11:49	0.1			6:43	4:39	
18	Fri	6:16	0.3	6:15	0.3	12:38	0.1	12:52	0.1	6:45	4:38	
19	Sat	7:07	0.4	7:11	0.4	1:25	0.1	1:46	0.1	6:46	4:37	
20	Sun	7:56	0.4	8:06	0.4	2:08	0.0	2:36	0.0	6:47	4:37	
21	Mon	8:41	0.4	8:56	0.4	2:50	0.0	3:25	0.0	6:48	4:36	
22	Tue	9:24	0.5	9:42	0.4	3:33	0.0	4:14	0.0	6:49	4:36	
23	Wed	10:06	0.5	10:28	0.4	4:17	0.0	5:04	0.0	6:50	4:35	
24	Thu	10:51	0.5	11:16	0.4	5:04	0.0	5:54	0.0	6:51	4:35	
25	Fri	11:38	0.5			5:53	0.0	6:44	0.0	6:52	4:34	
26	Sat	12:07	0.4	12:30	0.5	6:43	0.0	7:34	0.0	6:53	4:34	
27	Sun	1:04	0.4	1:28	0.5	7:34	0.0	8:26	0.0	6:54	4:33	
28	Mon	2:07	0.4	2:30	0.4	8:29	0.0	9:23	0.0	6:55	4:33	
29	Tue	3:12	0.4	3:33	0.4	9:32	0.0	10:25	0.0	6:56	4:32	
30	Wed	4:14	0.4	4:33	0.4	10:44	0.0	11:29	0.0	6:57	4:32	