


































Lanoka Harbor, NJ - Dec 2022

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 5:13 | 0.4 | 5:31 | 0.4 | 11:57 | 0.1 | | | 6:58 | 4:32 |  |
| 2 | Fri | 6:11 | 0.4 | 6:29 | 0.4 | 12:29 | 0.0 | 1:03 | 0.0 | 6:59 | 4:32 |  |
| 3 | Sat | 7:09 | 0.4 | 7:28 | 0.4 | 1:23 | 0.0 | 2:01 | 0.0 | 7:00 | 4:32 |  |
| 4 | Sun | 8:04 | 0.4 | 8:23 | 0.4 | 2:11 | 0.0 | 2:52 | 0.0 | 7:01 | 4:31 |  |
| 5 | Mon | 8:52 | 0.4 | 9:12 | 0.4 | 2:55 | 0.0 | 3:40 | 0.0 | 7:02 | 4:31 |  |
| 6 | Tue | 9:34 | 0.4 | 9:57 | 0.4 | 3:37 | 0.0 | 4:25 | 0.0 | 7:03 | 4:31 |  |
| 7 | Wed | 10:14 | 0.4 | 10:39 | 0.4 | 4:19 | 0.0 | 5:10 | 0.0 | 7:04 | 4:31 |  |
| 8 | Thu | 10:51 | 0.4 | 11:20 | 0.3 | 5:01 | 0.0 | 5:53 | 0.0 | 7:05 | 4:31 |  |
| 9 | Fri | 11:29 | 0.4 | | | 5:41 | 0.0 | 6:33 | 0.0 | 7:06 | 4:31 |  |
| 10 | Sat | 12:02 | 0.3 | 12:06 | 0.4 | 6:21 | 0.0 | 7:12 | 0.0 | 7:07 | 4:31 |  |
| 11 | Sun | 12:45 | 0.3 | 12:44 | 0.4 | 6:59 | 0.0 | 7:49 | 0.0 | 7:07 | 4:31 |  |
| 12 | Mon | 1:31 | 0.3 | 1:24 | 0.4 | 7:36 | 0.1 | 8:27 | 0.0 | 7:08 | 4:32 |  |
| 13 | Tue | 2:19 | 0.3 | 2:08 | 0.4 | 8:14 | 0.1 | 9:06 | 0.0 | 7:09 | 4:32 |  |
| 14 | Wed | 3:08 | 0.3 | 2:54 | 0.3 | 8:56 | 0.1 | 9:51 | 0.0 | 7:10 | 4:32 |  |
| 15 | Thu | 3:55 | 0.3 | 3:42 | 0.3 | 9:49 | 0.1 | 10:43 | 0.1 | 7:10 | 4:32 |  |
| 16 | Fri | 4:39 | 0.3 | 4:31 | 0.3 | 10:57 | 0.1 | 11:37 | 0.0 | 7:11 | 4:33 |  |
| 17 | Sat | 5:25 | 0.3 | 5:22 | 0.3 | | | 12:06 | 0.1 | 7:12 | 4:33 |  |
| 18 | Sun | 6:14 | 0.3 | 6:20 | 0.3 | 12:31 | 0.0 | 1:09 | 0.1 | 7:12 | 4:33 |  |
| 19 | Mon | 7:08 | 0.4 | 7:24 | 0.3 | 1:21 | 0.0 | 2:05 | 0.0 | 7:13 | 4:34 |  |
| 20 | Tue | 8:03 | 0.4 | 8:24 | 0.3 | 2:10 | 0.0 | 2:59 | 0.0 | 7:13 | 4:34 |  |
| 21 | Wed | 8:55 | 0.4 | 9:19 | 0.3 | 3:00 | 0.0 | 3:52 | 0.0 | 7:14 | 4:35 |  |
| 22 | Thu | 9:45 | 0.5 | 10:11 | 0.4 | 3:51 | 0.0 | 4:46 | -0.1 | 7:14 | 4:35 |  |
| 23 | Fri | 10:35 | 0.5 | 11:03 | 0.4 | 4:44 | 0.0 | 5:39 | -0.1 | 7:15 | 4:36 |  |
| 24 | Sat | 11:26 | 0.5 | 11:57 | 0.4 | 5:39 | -0.1 | 6:31 | -0.1 | 7:15 | 4:36 |  |
| 25 | Sun | | | 12:20 | 0.5 | 6:33 | -0.1 | 7:21 | -0.1 | 7:16 | 4:37 |  |
| 26 | Mon | 12:54 | 0.4 | 1:16 | 0.5 | 7:26 | 0.0 | 8:11 | -0.1 | 7:16 | 4:37 |  |
| 27 | Tue | 1:54 | 0.4 | 2:15 | 0.4 | 8:19 | 0.0 | 9:02 | -0.1 | 7:16 | 4:38 |  |
| 28 | Wed | 2:55 | 0.4 | 3:14 | 0.4 | 9:18 | 0.0 | 9:57 | 0.0 | 7:17 | 4:39 |  |
| 29 | Thu | 3:53 | 0.4 | 4:10 | 0.4 | 10:23 | 0.0 | 10:56 | 0.0 | 7:17 | 4:40 |  |
| 30 | Fri | 4:48 | 0.4 | 5:04 | 0.4 | 11:33 | 0.0 | 11:54 | 0.0 | 7:17 | 4:40 |  |
| 31 | Sat | 5:42 | 0.4 | 6:00 | 0.3 | | | 12:39 | 0.0 | 7:17 | 4:41 |  |