

## Lanoka Harbor, NJ - Jul 2023

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:55	0.3	10:19	0.5	4:30	0.0	4:22	0.0	5:31	8:29	☾
2	Sun	10:49	0.4	11:10	0.5	5:23	0.0	5:16	0.0	5:32	8:28	☾
3	Mon	11:41	0.4			6:16	0.0	6:12	0.0	5:32	8:28	☾
4	Tue	12:00	0.5	12:34	0.4	7:08	0.0	7:07	0.0	5:33	8:28	☾
5	Wed	12:53	0.5	1:29	0.4	7:57	0.0	8:01	0.0	5:34	8:28	☾
6	Thu	1:47	0.5	2:27	0.4	8:46	0.0	8:54	0.0	5:34	8:28	☾
7	Fri	2:44	0.5	3:25	0.4	9:34	0.0	9:49	0.0	5:35	8:27	☾
8	Sat	3:41	0.5	4:23	0.4	10:24	0.0	10:50	0.0	5:35	8:27	☾
9	Sun	4:38	0.4	5:17	0.4	11:18	0.0	11:56	0.1	5:36	8:27	☾
10	Mon	5:32	0.4	6:10	0.4			12:15	0.0	5:37	8:26	☾
11	Tue	6:26	0.4	7:02	0.4	1:03	0.1	1:11	0.0	5:37	8:26	☾
12	Wed	7:22	0.4	7:58	0.4	2:06	0.1	2:05	0.0	5:38	8:25	☾
13	Thu	8:23	0.3	8:53	0.4	3:03	0.1	2:56	0.0	5:39	8:25	☾
14	Fri	9:21	0.3	9:45	0.4	3:55	0.0	3:44	0.0	5:40	8:24	☾
15	Sat	10:14	0.3	10:31	0.4	4:43	0.0	4:31	0.1	5:40	8:24	☾
16	Sun	11:01	0.4	11:13	0.4	5:30	0.0	5:17	0.1	5:41	8:23	☾
17	Mon	11:45	0.4	11:53	0.4	6:15	0.0	6:02	0.1	5:42	8:23	☾
18	Tue			12:27	0.4	6:57	0.0	6:46	0.1	5:43	8:22	☾
19	Wed	12:32	0.4	1:09	0.4	7:36	0.0	7:28	0.1	5:43	8:21	☾
20	Thu	1:10	0.4	1:51	0.4	8:12	0.0	8:07	0.1	5:44	8:21	☾
21	Fri	1:47	0.4	2:33	0.4	8:45	0.0	8:44	0.1	5:45	8:20	☾
22	Sat	2:24	0.4	3:15	0.4	9:18	0.0	9:22	0.1	5:46	8:19	☾
23	Sun	3:02	0.4	3:56	0.4	9:49	0.1	10:02	0.1	5:47	8:18	☾
24	Mon	3:43	0.4	4:36	0.4	10:23	0.1	10:52	0.1	5:48	8:18	☾
25	Tue	4:28	0.3	5:17	0.4	11:02	0.1	11:56	0.1	5:49	8:17	☾
26	Wed	5:17	0.3	6:02	0.4	11:54	0.1			5:49	8:16	☾
27	Thu	6:11	0.3	6:54	0.4	1:05	0.1	12:57	0.1	5:50	8:15	☾
28	Fri	7:14	0.3	7:55	0.4	2:11	0.1	2:01	0.1	5:51	8:14	☾
29	Sat	8:25	0.3	9:00	0.4	3:11	0.1	3:03	0.1	5:52	8:13	☾
30	Sun	9:33	0.3	10:00	0.5	4:07	0.0	4:02	0.0	5:53	8:12	☾
31	Mon	10:31	0.4	10:54	0.5	5:02	0.0	5:00	0.0	5:54	8:11	☾