

































Lanoka Harbor, NJ - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:25	0.4	11:46	0.5	5:55	0.0	5:58	0.0	5:55	8:10	
2	Wed			12:18	0.4	6:47	0.0	6:54	0.0	5:56	8:09	
3	Thu	12:38	0.5	1:11	0.4	7:36	-0.1	7:48	0.0	5:57	8:08	
4	Fri	1:30	0.5	2:05	0.4	8:23	-0.1	8:40	0.0	5:58	8:07	
5	Sat	2:24	0.5	3:01	0.4	9:08	0.0	9:32	0.0	5:59	8:06	
6	Sun	3:19	0.4	3:56	0.4	9:55	0.0	10:28	0.0	5:59	8:05	
7	Mon	4:14	0.4	4:49	0.4	10:45	0.0	11:31	0.1	6:00	8:03	
8	Tue	5:08	0.4	5:41	0.4	11:39	0.0			6:01	8:02	
9	Wed	6:02	0.4	6:33	0.4	12:37	0.1	12:37	0.1	6:02	8:01	
10	Thu	6:58	0.3	7:28	0.4	1:42	0.1	1:36	0.1	6:03	8:00	
11	Fri	7:58	0.3	8:26	0.4	2:41	0.1	2:31	0.1	6:04	7:58	
12	Sat	8:59	0.3	9:22	0.4	3:33	0.1	3:22	0.1	6:05	7:57	
13	Sun	9:54	0.3	10:10	0.4	4:21	0.1	4:10	0.1	6:06	7:56	
14	Mon	10:40	0.4	10:53	0.4	5:05	0.0	4:56	0.1	6:07	7:55	
15	Tue	11:23	0.4	11:32	0.4	5:47	0.0	5:41	0.1	6:08	7:53	
16	Wed			12:02	0.4	6:28	0.0	6:24	0.1	6:09	7:52	
17	Thu	12:08	0.4	12:40	0.4	7:05	0.0	7:05	0.1	6:10	7:51	
18	Fri	12:43	0.4	1:17	0.4	7:40	0.0	7:44	0.1	6:11	7:49	
19	Sat	1:16	0.4	1:53	0.4	8:12	0.0	8:20	0.1	6:12	7:48	
20	Sun	1:49	0.4	2:28	0.4	8:41	0.0	8:55	0.1	6:13	7:46	
21	Mon	2:23	0.4	3:04	0.4	9:09	0.1	9:33	0.1	6:14	7:45	
22	Tue	3:02	0.4	3:45	0.4	9:37	0.1	10:17	0.1	6:15	7:43	
23	Wed	3:50	0.3	4:31	0.4	10:12	0.1	11:17	0.1	6:16	7:42	
24	Thu	4:45	0.3	5:24	0.4	11:03	0.1			6:17	7:41	
25	Fri	5:45	0.3	6:22	0.4	12:32	0.1	12:17	0.1	6:17	7:39	
26	Sat	6:51	0.3	7:29	0.4	1:46	0.1	1:37	0.1	6:18	7:38	
27	Sun	8:05	0.3	8:40	0.4	2:50	0.1	2:47	0.1	6:19	7:36	
28	Mon	9:15	0.4	9:43	0.5	3:47	0.0	3:49	0.0	6:20	7:34	
29	Tue	10:15	0.4	10:38	0.5	4:40	0.0	4:47	0.0	6:21	7:33	
30	Wed	11:08	0.4	11:30	0.5	5:32	0.0	5:44	0.0	6:22	7:31	
31	Thu	11:59	0.5			6:22	0.0	6:39	0.0	6:23	7:30	