
































## Lanoka Harbor, NJ - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:01	0.4	2:15	0.4	8:22	0.0	9:12	0.0	7:25	5:54	
2	Thu	2:54	0.4	3:06	0.4	9:04	0.1	10:00	0.1	7:26	5:53	
3	Fri	3:50	0.3	4:00	0.4	9:49	0.1	10:54	0.1	7:27	5:52	
4	Sat	4:46	0.3	4:54	0.4	10:43	0.1	11:56	0.1	7:28	5:51	
5	Sun	4:40	0.3	4:47	0.4	10:50	0.1	11:56	0.1	6:29	4:50	
6	Mon	5:32	0.3	5:39	0.3	11:59	0.1			6:31	4:49	
7	Tue	6:25	0.3	6:32	0.3	12:49	0.1	12:59	0.1	6:32	4:48	
8	Wed	7:17	0.4	7:26	0.3	1:35	0.1	1:51	0.1	6:33	4:47	
9	Thu	8:06	0.4	8:15	0.4	2:16	0.1	2:37	0.1	6:34	4:46	
10	Fri	8:48	0.4	8:59	0.4	2:55	0.0	3:22	0.0	6:35	4:45	
11	Sat	9:26	0.4	9:39	0.4	3:33	0.0	4:05	0.0	6:36	4:44	
12	Sun	10:01	0.4	10:17	0.4	4:11	0.0	4:49	0.0	6:37	4:43	
13	Mon	10:36	0.4	10:55	0.4	4:50	0.0	5:33	0.0	6:39	4:42	
14	Tue	11:11	0.5	11:35	0.4	5:30	0.0	6:18	0.0	6:40	4:41	
15	Wed	11:50	0.5			6:10	0.0	7:01	0.0	6:41	4:41	
16	Thu	12:19	0.3	12:36	0.4	6:52	0.0	7:46	0.0	6:42	4:40	
17	Fri	1:10	0.3	1:29	0.4	7:36	0.0	8:35	0.0	6:43	4:39	
18	Sat	2:11	0.3	2:32	0.4	8:27	0.0	9:31	0.0	6:44	4:38	
19	Sun	3:17	0.3	3:36	0.4	9:30	0.1	10:36	0.0	6:45	4:38	
20	Mon	4:20	0.3	4:38	0.4	10:48	0.1	11:41	0.0	6:47	4:37	
21	Tue	5:20	0.4	5:39	0.4			12:05	0.1	6:48	4:36	
22	Wed	6:20	0.4	6:40	0.4	12:41	0.0	1:13	0.0	6:49	4:36	
23	Thu	7:20	0.4	7:42	0.4	1:35	0.0	2:12	0.0	6:50	4:35	
24	Fri	8:17	0.4	8:38	0.4	2:25	0.0	3:06	0.0	6:51	4:35	
25	Sat	9:07	0.5	9:30	0.4	3:12	0.0	3:57	0.0	6:52	4:34	
26	Sun	9:53	0.5	10:18	0.4	3:59	0.0	4:47	0.0	6:53	4:34	
27	Mon	10:37	0.5	11:04	0.4	4:45	0.0	5:36	0.0	6:54	4:33	
28	Tue	11:19	0.5	11:50	0.4	5:31	0.0	6:22	0.0	6:55	4:33	
29	Wed			12:02	0.4	6:15	0.0	7:06	0.0	6:56	4:33	
30	Thu	12:38	0.4	12:46	0.4	6:57	0.0	7:48	0.0	6:57	4:32	